

Hospitals

***Check with your health insurance plan about coverage for a visit with a lactation consultant before scheduling, as it may not be covered.



Buffalo Hospital

Birth Center
303 Catlin St.
Buffalo, MN 55313
(763) 684-7640

Offer childbirth classes which include breastfeeding basics. A lactation consultant is available for assistance.

Cambridge Medical Center

701 South Dellwood Street
Cambridge, Minnesota 55008
763-689-7725 or 1-800-252-4133

Partners in Pregnancy Clinic has breastfeeding support available through nurses who have additional certification in lactation consulting. Breast pumps can be ordered.

Fairview Northland Medical Center

911 Northland Dr
Princeton, MN 55371
(763) 389-6329

May request an appointment with a certified lactation consultant to discuss breastfeeding. Available for visits or phone calls once home. Breast pumps can be ordered through the pharmacy.

Mercy Hospital

4050 Coon Rapids Blvd.
Coon Rapids, MN 55433
(763) 236-7430--Breastfeeding "warmline"

Can call with questions about breast-feeding issues. Have pumps and pump accessories available to purchase.

Methodist Hospital

Breastfeeding Center
(Inside Health & Care store)
6490 Excelsior Blvd.
Grd. Floor, Meadowbrook Bldg.
St Louis Park, MN 55426
(952) 993-5124

Offer education, support and products to help with breastfeeding--includes fittings for maternity bras and nursing tanks, breast pumps. Staffed by certified lactation consultants. Available 8am-4pm, M-F.

New River Medical Center

Birth Center
1013 Hart Boulevard
Monticello, MN 55362
(763) 271-2218

Offer breastfeeding classes. Lactation consultants available for breastfeeding support, mainly for patients of clinic.

St. Cloud Hospital

Breastfeeding Resource Center
1406 Sixth Ave. N.
St. Cloud, MN 56303
(320) 251-2700 ext 52311

Lactation consultants are available by phone from 10am-6:30pm daily. To register for breastfeeding classes call 320-229-5139.

St. Michael's Hospital

425 North Elm St
Sauk Centre, MN 56378
(320) 352-2221

Offer breastfeeding classes. Home nurse visit after leaving hospital.

Unity Hospital

550 Osborne Rd
Fridley, MN 55432
(763) 236-2224--Breastfeeding "warmline"

Calls usually returned within 24 hours.



Public Health

Home-visiting program for prenatal and postpartum families. Eligibility for home visits may vary by county. Telephone calls are welcomed for breastfeeding questions and support.

Anoka County Public Health

(763) 422-6970

Benton County Public Health

(320) 968-5087

Mille Lacs County Public Health

1-800-983-8385

Sherburne County Public Health

(763) 241-2750 or 1-800-433-5237

Stearns County Public Health

(320) 656-6000 or 1-800-450-3663

Wright County Public Health

(763) 682-7400 or 1-800-362-3667

WIC

Women, Infants and Children (WIC) offers breastfeeding education and support. Various breast pumps may be available to WIC participants.

Anoka County WIC

(763) 422-7055

Benton County WIC

(320) 968-5156

Mille Lacs County WIC

(320) 983-8318 or 1-800-983-8385

Sherburne County WIC

(763) 241-2768 or 1-800-433-5237



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Stearns County WIC

(320) 656-6000 or 1-800-450-3663

Wright County WIC

(320) 963-6500

La Leche League

Anoka

Elaine—(763) 712-0859

Heather—(763) 767-2508

Coon Rapids/Blaine

Ann—(763) 862-3205

Kathy—(763) 434-7424

Sheila—(763) 781-5176

Elk River

Jessica—(763) 300-4295

Michelle—(763) 391-7774

NW Suburbs

Marcia—(763) 420-2853

Connie—(763) 566-1409

Paynesville

Laura—(320) 243-3887

St Cloud

Kay's Breast Pumps—(320) 252-8467

Certified lactation consultant has breastfeeding supplies and pumps for rent and purchase.

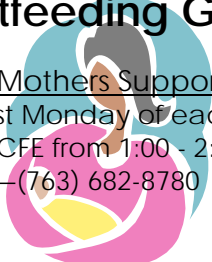
Jenni—(320) 230-1515

Cara—(320) 363-1110

Breastfeeding Groups

Nursing Mothers Support Group

Meets last Monday of each month at the Buffalo ECFE from 1:00 - 2:00. Peggy is the contact—(763) 682-8780



Telephone Resources

Minnesota Breastfeeding Sources

1-877-214-BABY (2229) (toll-free)

Breastfeeding Helpline

National Women's Health Information Center: M-F, 9am-6pm EST

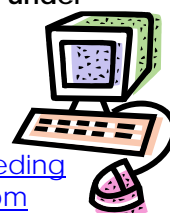
(English and Spanish)

1-800-994-9662 (toll-free)

1-888-220-5446 (TDD, toll-free)

****Also, refer to phone #'s listed under "hospitals" section.****

Internet Resources



■ www.4woman.gov/breastfeeding

■ www.breastfeedingonline.com

■ www.kellymom.com

■ www.lilli.org

■ www.babycenter.com/breastfeeding

■ <http://video.about.com/breastfeeding/Hand-Expression-Technique.htm>

Breastfeeding Supplies and Pumps

Ameda Pumps 1-877-992-6332

www.ameda.com/where/locator.aspx

Medela Pumps 1-800-TELL-YOU (835-5968)

<http://medela.findlocation.com>

Milk Moms 763-413-0129 or 1-866- MILKMOM

www.milkmoms.com

**Medical Assistance will usually cover double-electric pumps with a doctor's order, when mother and baby will be separated.

**Check with your medical plan for coverage at pump providers as may be accepted at certain locations only.

A Breastfeeding Resource List

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Breastfeeding provides perfect nutrition for infants and has documented benefits for both mother and child. The mission of the Central Minnesota Breastfeeding Coalition is to promote, support and protect breastfeeding through education, outreach and collaboration within our community.