

LAM Checklist

Each LAM proposal must contain four parts:

1. **Rationale of Coherence** An essay 500 to 1000 words in length, in which you explain why you have chosen to major in a particular area and your justification of why the courses you have selected meet the goals of that major.
2. **LAM Course List** Signed and fully completed. It must include the following:
 - A title for your customized LAM
 - At least 32 upper-division semester credits
 - At least half of the upper-division LAM program credits taken in residence at Metropolitan State University
 - No more than 8 semester credits in non-CAS disciplines (whether taken at Metropolitan State or elsewhere)
3. **Major Declaration Form** Available from an advisor, or online: Go from the university's home page to "Records and Registration," then to "Forms."
4. **LAM Checklist** (This page)

After completing this checklist, submit all four parts to Professor Shannon Skarphol Kaml, LAM Coordinator by mail to Metropolitan State Univ.; 700 E. 7th Street; St. Paul, MN 55106-5000, email at: shannon.skarpholkaml@metrostate.edu; or hand deliver to 1380 Energy Lane, Suite 205, St. Paul, MN 55108.

Student Name _____ Student ID # _____

Advisor Name _____
(Advisor's name neither confers nor implies LAM program approval)

Date _____