Benefits for the Mentee

- Receive support and guidance
- Create a strong relationship with a mentor
- Build a network
- Add experience to resume and college learning experience
- Explore career options
- Become a lifelong experiential learner
- Strengthen communication skills
- Strengthen leadership skills
- Strengthen job/life skill development
- Strengthen self-confidence and self-esteem

Inspirations

“Do not wait for leaders; do it alone, person to person.”
~Mother Teresa

“One of the greatest joy in life is to be in search of one thing and discover another.”
~Anne Wilson Schaef

“Knowledge speaks, but wisdom listens.”
~Jimi Hendrix

“One change makes way for the next, giving us the opportunity to grow.”
~Vivian Buchen

“People will forget what you said. People will forget what you did. But people will never forget how you make them feel.”
~Bonnie Jean Wasmund

Established in 2008

GEMS Mentoring Program
Guiding, Empowering, and Mentoring Students
What is GEMS?
A unique year long mentoring relationship that offers students at Metropolitan State University a chance to develop a close, positive relationship with a mentor who will empower students in their career interest, personal development and aid them in acquiring life skills. Students team up with a mentor based on their major, career interest and an interview with a GEMS staff member.

What is the nature of the relationship?
The nature of the relationship between the mentor and mentees is aimed at career, life skills, and personal development.

Potential Students:
- Currently enrolled undergraduate students
- Be in good academic standing

Potential Mentors:
- A junior, senior, staff, faculty, graduate or community volunteer mentor.

What is the time commitment?
- Program starts in September and ends in early May.
- All mentors and students must come to a MANDATORY opening ceremony.
- Mentors and students meet face-to-face a minimum of two times a month and maintain regular communication contact.
- Students are encouraged to attend bi-monthly workshops/meetings with program coordinator to ensure a healthy mentoring relationship.

Our Mission: To Guide, Empower, and Support our Students through Mentoring

How do I apply?
To request an application or for questions please contact:

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