Immunization Requirement

All students are required to complete a Metropolitan State University Student Immunization Record form. Minnesota State Law (Minn. Statute 135A.14) requires that students born after 1956 must be immunized against:

Tetanus/Diptheria (Td): once every ten years

Measles/Mumps/Rubella (MMR): One dose given on or after first birthday. For complete protection against measles, a second MMR is recommended.

You are required by this law to provide us with the month, day and year of your immunizations. Fill in these dates on the Immunization Record form, and include your name, birth date and social security number. Fill out all sections that apply to you and return it immediately

in person
Gateway Student Center - St Paul Campus  100 Founders Hall

by mail
Records and Registration
Metropolitan State University
700 East 7th Street
Saint Paul, MN 55106-5000

by fax
651-793-1235

by email
If you use your Metropolitan State University email account, the form can be emailed as an attachment directly to the Registration Office at: records.registration@metrostate.edu. Email submissions from other accounts cannot be accepted as official. Note: Student signature is not required when forms are submitted via the Metropolitan State University email system. However, Physician and/or Notary signatures ARE REQUIRED in the case of Part 4: Other exemptions and therefore the forms cannot be emailed. The form must be submitted in person, by fax or mailed.

To find out whether you are adequately immunized against these diseases and the dates of your immunizations, check with your parents, family physician, or high school immunization records. Call your high school or doctor’s office for assistance if necessary.

If you cannot produce the information or have not been immunized according to the law’s requirements, schedule an appointment with your physician or clinic today.

Call the Gateway Student Center at 651-793-1300 if you have questions concerning the submission of this form.

Exemptions
Exemptions are permitted under the following conditions. However, you still must complete and return the immunization record form.

1) Recent Minnesota High School Graduate Exemption: Students who graduated from a Minnesota high school in 1997 or later are exempt. If this applies to you, complete Part 1 of the immunization form.
2) **Transfer Student from another Minnesota College:** Students who have met the admission requirements as an enrolled student at another Minnesota College are exempt. If this applies to you, complete Part 2 of the immunization form.

3) **Medical Exemption:** An immunization may not be medically advisable for certain persons. If this applies to you, or if you had any of these diseases, Part 4 of the immunization form must be signed by your doctor.

4) **Conscientious Exemption:** Some people may be exempt from immunizations based on their religious or other conscientiously held beliefs. If you request a conscientious exemption, you must complete and have notarized the bottom portion of the immunization form.

5) **Enrolled in Only One Class:** Students who will enroll in one class only are exempt from this requirement.

**Note:** You are legally required to supply the information requested. The law stipulates that anyone enrolled at Metropolitan State who fails to submit the required information within 45 days of the beginning of the semester cannot remain enrolled. If you have questions, call the Immunization Records Office at 651-793-1534 or TDD 651-772-7687.

**Additional Immunizations**

**Hepatitis B**

Hepatitis B is a serious disease caused by a virus that attacks the liver. The virus, which is called hepatitis B virus (HBV), can cause lifelong infection, cirrhosis of the liver, liver cancer, liver failure, and death. Hepatitis B vaccine is available for all age groups to prevent hepatitis B virus infection.

For information on hepatitis B, see Web site: [http://www.cdc.gov/ncidod/diseases/hepatitis/b/](http://www.cdc.gov/ncidod/diseases/hepatitis/b/)

**Hepatitis A**

Hepatitis A is a liver disease caused by the hepatitis A virus. Hepatitis A can affect anyone. In the United States, hepatitis A can occur in situations ranging from isolated cases of disease to widespread epidemics.

Good personal hygiene and proper sanitation can help prevent hepatitis A. Vaccines are also available for long-term prevention of hepatitis A virus infection in persons 2 years of age and older. Immune globulin is available for short-term prevention of hepatitis A virus infection in individuals of all ages.

For information on hepatitis A, see Web site: [http://www.cdc.gov/ncidod/diseases/hepatitis/a/](http://www.cdc.gov/ncidod/diseases/hepatitis/a/)

**Hepatitis C**

Hepatitis C is a disease of the liver caused by the hepatitis C virus (HCV). You may be at risk for hepatitis C and should contact your medical care provider for a blood test if you:

- were notified that you received blood from a donor who later tested positive for hepatitis C.
- have ever injected illegal drugs, even if you experimented a few times many years ago.
- received a blood transfusion or solid organ transplant before July, 1992.
- were a recipient of clotting factor(s) made before 1987.
- have ever been on long-term kidney dialysis.
- have evidence of liver disease (e.g., persistently abnormal ALT levels).

For information on hepatitis C, see Web site: [http://www.cdc.gov/ncidod/diseases/hepatitis/c/](http://www.cdc.gov/ncidod/diseases/hepatitis/c/)

**Meningococcal Disease (Meningitis)**

Updated 2/1/08
Meningococcal disease is a serious illness caused by Neisseria meningitides bacteria. It can cause meningitis, an infection of the brain and spinal cord covering, and blood infections. About 2,600 people get meningococcal disease each year in the U.S. About 10-15 percent of these people die. Of those who recover, 10 percent experience serious long-term effects such as hearing loss, diminished mental capacity, loss of fingers or toes, seizures and other nervous system problems. Meningococcal disease is spread by close or direct contact with secretions from the nose and throat. Anyone can get meningococcal disease, but college freshmen living in dorms are at an increased risk and should seriously consider getting immunized. For most college students, only one dose of the vaccine is needed. For further information on meningococcal disease, see Web site:  http://www.health.state.mn.us/divs/idepc/diseases/meningococcal/index.html

Other Information

Additional information on other vaccines, including Lyme and Influenza, may be obtained from the Centers for Disease Control at http://www.cdc.gov/ncidod/diseases/index_qz.htm#t.

International Travel

The Centers for Disease Control has country-specific vaccine recommendations for international travel: http://www.cdc.gov/travel/. The Immunization Action Coalition has vaccine information in languages other than English: http://www.immunize.org/.

Updated 2/1/08