Guiding, Empowering, & Mentoring Success (G.E.M.S.)
Leadership & Mentoring Program:
Student Application

What is The G.E.M.S. Leadership & Mentoring Program?

The G.E.M.S. Leadership & Mentoring Program is a unique year long mentoring relationship that offers students at Metropolitan State University a chance to develop a close, positive relationship with a mentor who will empower students in their career interest, personal development and aid them in achieving their leadership potential. G.E.M.S.’s mission is to guide, empower, and support our students through mentoring. Students are carefully teamed up with a mentor based on their major, career interest and an interview with a G.E.M.S. staff member.

What is the time commitment?

Program starts September and ends in early May. All mentors and students must attend a Kickoff Ceremony. Program commitments require mentors and students to meet face-to-face throughout the month and maintain regular communication and contact. Students are encouraged to attend bi-monthly workshops/meetings with program coordinator to ensure and enhance a healthy mentoring relationship.

What is the nature of relationship?

The nature of the relationship between the mentor and mentees is aimed at career interest, personal development, and tapping into leadership potential. Examples of these relationships are:

- Career interest: Providing guidance, exploration of career interest and options
- Personal development: Improving interpersonal communication, and fostering self-confidence and self-esteem
- Leadership Potential: Enhancing leadership abilities
Are you currently a: □ Freshman  □ Sophomore  □ Junior  □ Senior

First Name: ________________________Last Name: ____________________ Middle Initial: ______

Address: ________________________________________________________
_________________________________________________________

Home Phone: __________________________ Cell Phone: __________________________

Metro State Email: __________________________ Student ID#: __________________________

Year in school_________________________ Major/Minor: _______________________

GPA: ___________

How did you hear about GEMS Mentoring Program? ________________________________

Please answer the following questions on a separate sheet of paper. This part of the application will help us determine if you are a good fit for this program and to match you with your mentor. The answers should not be more than 300 words in length for each question.

1. How do you describe yourself? Tell us who you are and why do you want to become a mentee?

2. What are some of the things you would like your mentor to help you with? (Remember your mentor can help you navigate the university, university life, help you strengthen your communication, leadership, self-esteem, and self-confidences.)

3. As a GEMS participant you will be matched with a mentor (who may be a junior, senior, staff, faculty, or graduate student) and be asked to meet with this person a minimum of two times a month. What do you hope to gain from this experiences or relationship?

4. Please list any activities, organizations, volunteer time, and/or internships at the university that you are a part of.

5. Any other information that you would like to provide to aid us in our decision-making?
Optional Demographic Survey

For the purposes of making the best possible match, we would like to request the following information. **This is optional**, so please only provide this information to the extent that you feel comfortable. We are primarily interested in how you identify, especially if you would like to connect with a mentor of a similar identity.

Race/Ethnicity: ____________________________________________

Languages Spoken: __________________________________________

Gender Identity: ____________________________________________

Sexual Orientation: __________________________________________

Religious Affiliation: _________________________________________

Age:

Do you claim other identities that you would like us to consider as we make matches?

_________________________________________________________________

_________________________________________________________________

Mail your application to:
Curtis Hall IV
G.E.M.S. Leadership & Mentoring Coordinator
Student Life and Leadership Development
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Saint Paul, MN 55106
651.793.1550
gems.mentoring@metrostate.edu