Writing Center
The Writing Center provides free writing support for any subject to all members of the university community. The Writing Center’s services include help getting started on writing assignments, revising drafts, and working with writers who may be returning to school after a numbers of years. Clients may drop in during open hours, but appointments are encouraged.

E-mails may be sent to centerfolk@metrostate.edu. The Writing Center welcomes your call at: (651) 793-1460 (TTY/TDD – (651) 772-7723) Additional Center information is available at www.metrostate.edu/writingcenter/services.html

Math Center
The Math Center provides free support for mathematics, statistics, and Java programming courses at Metropolitan State. Students, faculty, and staff come to the Math Center for group work, individual practice, and tutoring assistance. Many students visit the center on a regular basis to work on homework and other practice problems. Groups are welcome; most students work with other students and tutors during drop-in hours. Individual appointments are available for students who want to work with a specific tutor on a specific topic. During the week before each semester begins, the center offers graphing calculator and review workshops.

For current schedules and detailed information, please contact the Math Center at 651-793-1460, math.center@metrostate.edu or visit our website at www.metrostate.edu/mathcenter

Student Counseling Services
Sometimes, personal issues or ineffective study and time management strategies can interfere with academic success. Student Counseling Services offers both personal counseling and educational services to assist students with concerns that might interfere with their experience at Metropolitan State University. Personal counseling includes interpersonal relationships, emotional issues, grief and loss, and personal and academic stress. Individual consultation in study skills, time management, concentration, and test-taking is also available.

Services are offered at the St. Paul Campus during regular class hours (days and evenings). To schedule an appointment or obtain more information, please call (651) 793-1558 or visit Student Counseling Services, Founders Hall, 1st floor of the St Paul Campus. http://www.metrostate.edu/counsel/index.html

Career Services
Concerns about career plans can affect academic success. Career Services offers career counseling services through individual appointments, programs, and workshops to both students and alumni.

For information about hours and services, please contact Career Services at (651) 793-1528 http://www.metrostate.edu/career/index.html

Library and Information Services
Library services can help you improve your research skills so that you can earn better grades. For a free personal consultation with a librarian call 651.793.1614, email libraryservices@metrostate.edu, or stop at the first floor desk in the St. Paul Library and Learning Center. You are also highly encouraged to register for INFS 115 Information Access and Research Skills, an eight week, two credit course. To access library resources online, log in through the university portal.

For more information, contact (651) 793-1616 – St. Paul Campus or (612) 659-7216 – Minneapolis Campus. http://www.metrostate.edu/library/

Disability Services
Metropolitan State University is committed to ensuring equal education opportunities and will not discriminate on the basis of physical or mental disability. The university will provide qualified students with disabilities equal opportunity to benefit from its programs and services by making reasonable accommodations. Accommodations may include: approval for early registration, note-takers, interpreters for the deaf, books on tape, adaptive equipment, equipment loans, special testing arrangements, study skill workshops, support groups, advocacy and assistance. Accommodations are negotiated on a case-by-case basis.

For more information, contact (651) 793-1540. http://www.metrostate.edu/studentaff/disability.html
**Information Technology (Library Information Commons)**

Metropolitan State University’s Computer Centers (St. Paul and Midway campuses) are available to registered students and are equipped with PC compatible computers. Printers are also available. The Minneapolis campus Main PC Open Lab - T.3200 hours can be found at [http://www.minneapolis.edu/techsupport/computerlabs.cfm](http://www.minneapolis.edu/techsupport/computerlabs.cfm)

All three computer centers are staffed with college lab assistants and consultants on days, evenings and weekends. Students registered for at least one class are eligible for internet access. The computer centers offer free computer workshops for students who are registered for at least one course. For more information call (651) 793-1515. [http://www.metrostate.edu/it/](http://www.metrostate.edu/it/)

**Multicultural Support Services**

Student Services provides outreach and support services to enhance educational opportunities. Although the advisors work with students of diverse backgrounds, many of them have expertise working with specific populations. The following services are available:

- Asian Student Support Services
- American Indian Student Support Services
- African American Student Support Services
- Chicano/Latino Student Support Services
- Gay, Lesbian, Bisexual, Transgender Student Support Services
- International Student Services
- Women’s Services

For more information call (651) 793-1531. [http://www.metrostate.edu/studentaff/](http://www.metrostate.edu/studentaff/)

**Testing Center**

Instructors work with the Academic Testing Center to provide proctored testing for students in independent studies and online courses as well as make-up exams for traditional classes. If your instructor has given permission for you to make up a missed examination, you may contact the Academic Testing Center at 651-793-1460 or by e-mail at testing.center@metrostate.edu. More information, including hours and locations, is available at [www.metrostate.edu/testingcenter/](http://www.metrostate.edu/testingcenter/)

**TRiO Student Support Services**

TRiO helps “low-income, first generation” students (neither parent has a four-year college degree), and students with disabilities enter college, graduate and move on to participate more fully in America's economic and social life. TRiO provides the services through advising, study skills workshop and other learning support. For more information call 651-793-1525. [http://www.metrostate.edu/studentaff/trio.html](http://www.metrostate.edu/studentaff/trio.html)

**Tutors**

A range of tutorial services are offered, including workshops and individual and small-group tutoring. If you are having difficulty locating tutorial services for the course you are taking, ask your instructor or the department chair for resources and suggestions for getting tutorial assistance. For writing tutors or workshop information please visit [http://www.metrostate.edu/writingcenter/](http://www.metrostate.edu/writingcenter/) and for math tutors please visit [http://www.metrostate.edu/academic/tutor.html](http://www.metrostate.edu/academic/tutor.html) for more information.

**Academic Advising**

Your academic advisor, whether a faculty advisor or professional staff advisor, can help you analyze factors interfering with your academic success, suggest reasons to help you succeed, and plan courses that will prepare you for success.

| College of Arts and Sciences | 651-793-1457 |
| College of Management        | 612-659-7269 |
| College of Professional Studies | 651-793-1341 |
| First College                | 651-793-1783 |
| School of Law Enforcement & Criminal Justice | 651-999-5891 |
| College of Nursing and Health Sciences | 651-793-1379 |

**English for Speakers of Other Languages (ESOL) Institute**

Students whose first language is not American English and who have difficulties with reading, writing, hearing or speaking American English should contact the ESOL Institute at 651-793-1532.