General Education and Liberal Studies Course (GELS) List

Following is the official list of Metropolitan State courses that meet GELS requirements. (Because course content varies between institutions, this does not guarantee that courses with the same titles from other institutions meet the same requirements.) These apply to students admitted to the university fall 1998 or later. The requirements differ slightly for students admitted spring 2003. The differences are noted. Up to eight credits can be used to meet both major and GELS requirements. Courses can be used to meet two areas with the exception that a course can be used to meet only one of the following: Cultural Diversity in the United States, Global Awareness, Civic and Ethical Responsibility, and People and the Environment.

Communication

Writing (two courses)

First course—one of the following:

Writ 121 Writing I Intensive (three credits

only count for requirement)

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Writ 131 Writing I

Writ 132 Written and Visual

Communication

Second course—one of the following:

Writ 231 Writing II

WmnS 231 Gender and Writing
Writ 261 Business Writing
Writ 271 Technical Writing

Note: Writ 101 Basic Writing and the remaining two credits of Writ 121Writing I Intensive do not count for General Education and Liberal Studies requirements.

Oral and Visual Communication (one

course)

Comm 103 Public Speaking
Comm 201 Storytelling

Comm 201 Storytelling
Comm 231 Interpersonal Cor

Comm 231 Interpersonal Communication Comm 302 Advanced Public Speaking

Comm 331	Interpersonal Communication for
	the Helping Professions
Comm 332	Negotiation
Comm 333	Intercultural Communication
Comm 341	Family Communication
Comm 342	Conflict Mediation
Comm 352	Organizational Communication
Comm 353	Communication in Work Groups
	Theory Seminar
Comm 361	Managerial Communication
Comm 371	Connections: Introduction to
	Communication Studies
Fren:	all 100 and 200-level courses
Hmng:	all 100 and 200-level courses
MdSt 361	Visual Communication
MdSt 363	Children and the Media
Psyc 314	Group Dynamics and Facilitation
Rdng 112	The Educated Reader: Analytical
	Reading
Span:	all 100 and 200-level courses
Thea 331	Voice: Speaking from Experience
Thea 336	Topics in Performance
Thea 345	Theater Arts: Acting Off Stage
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Mathematics

Demonstration of college algebra-level competence or completion of one of the following courses:

and On

Math 110 Math for the Liberal Arts

Math 115 College Algebra
Math 120 Pre-calculus

Math: any course, 200-level or higher Phil 204 Introduction to Symbolic Logic

Stat 201 Statistics I

Natural and Physical Sciences

(one course)

Note: Students admitted spring 2003 or later must complete a course which includes a laboratory, simulation or field experience.

Biol: all courses Chem: all courses

	Spring A	2003	
Geol:	all courses	EthS 351	Chicano Past in Perspective: A
NatH:	all courses except NatH 302 TheWolf		View of Cultural Traditions in Society
Phys:	all courses	EthS 352	Chicanismo Culture and Values
Psyc 312	Experimental Psychology	EthS 353	Multicultural Community
Psyc 343	Drugs and Behavior: An	LIIIO 333	Research Internship
1 3yc 343	Introduction to Behavioral	EthS 362	New Neighbors: The U.S. Hmong
	Pharmacology		Community
Psyc 349	Physiology and Behavior: An	Hist:	all courses (see note above)
	Introduction to Physiological Psychology	HSer 301	Violence: Individual, Community and Global Responses
History, \$	Social and Behavioral	HSFS 143	The Family: A
Science			Social/Psychological Exploration
	s with different subject prefixes)	HSFS 338	Family: Racial, Gender and Class
	nts admitted prior to spring 2003	HCEC 220	Dimensions
	istory to meet this requirement.	HSFS 339	Issues and Actions in Family Policy
Anth:	all courses	HSFS 341	Work and Family
CJS 101	Introduction to Criminal Justice	HSFS 342	Children in U.S. Society
CJS 340	Comparative Criminal Justice	HSSG374	Aging in America: A Personal
CJS 360	Diversity Issues in Criminal	11000374	Challenge
	Justice	Ling 316	The Nature of Language
Comm 351	Communication inWork Groups	Ling 326	Language and Culture
Econ:	all courses	Ling 327	Language and Society
EthS 303	Politics of Resistance: Racial and	Ling 337	Diversity in English
_	Ethnic Protest Movements	Ling 346	Language and Gender
EthS 304	Race and Ethnicity:	Pol:	all courses
	Environmental Justice and Public	Psyc:	all courses, except Psyc 312
	Policy	·	Experimental Psychology, Psyc
EthS 305	Major Issues in U.S. Race		343 Drugs and Behavior and
E4 0 000	Relations		Psyc 349 Physiology and
EthS 306	People of Mixed Racial Descent		Behavior
EthS 308	Community Research in a	SSci:	all courses
E46.000	Multicultural Context	Soc:	all courses
EthS 309	The Color of Public Policy	WmnS 340	Women's Health
EthS 310	Cross-cultural Issues in Organizations	WmnS 345	Economics of Diversity
EthS 312	Multicultural Learning Center Internship	Humaniti	es
EthS 313	Theories of International	(Two courses with different subject prefixes)	
Luio 515	Development	Note: Students admitted prior to spring 2003	
EthS 332	Tradition and Change: American		ory to meet this requirement.
Luio 332	Indian Communities Today	Arts: all cour	
EthS 342	Contemporary Perspectives on	CJS 375	Criminal Justice Ethics
	African-American Community	EthS 300	Theories of Race, Ethnicity and
	-	EthS 301	Culture Introduction to Ethnic Studies
			introduction to Ethnic Otadies

	Spring	2003	
EthS 302	Race, Ethnicity and Immigration	Anth 302	Gender and Culture
	in the U.S.	Anth 303	Anthropological Perspectives on
EthS 311	Understanding Racial and Ethnic		Diversity
	Groups in the United States: A	Anth 304	Anthropology of Religion
	Comparative Study	Anth 306	Kinship and Diversity
EthS 316	Race and Religion	Anth 308	Archeology: Explaining the Past
EthS 331	American Indian History	Anth 309	New Neighbors: The U.S. Hmong
EthS 333	Pioneers and American Indians in		Community
	the American West	CJS 360	Diversity Issues in Criminal
EthS 334	American Indian Spirituality		Justice
EthS 336	American Indian Literature	Econ 315	Economics of Diversity
EthS 337	American Indian History Theory	EthS:	all courses, except EthS 313
	Seminar		Theories of International
EthS 341	African-American History		Development
EthS 344	African-American Literature	Hist 304	U.S. Economic Life: Working
EthS 346	African and African-American		People
	Philosophy	Hist 309	Women in U.S. Politics, 1776-
EthS 347	Africa: From Colonialism to		1970
	Independence	Hist 310	American Indian History
EthS 350	Introduction to Chicano Studies	Hist 310T	American Indian History Theory
EthS 361	History of Asian Americans		Seminar
Film:	all courses	Hist 311	African-American History
Fren:	all courses, 300-level or higher	Hist 312	Beginnings of American Society:
Hist:	all courses (see note above)		Colonial and Revolutionary
Hum:	all courses		History
ImdA:	all courses	Hist 314	Pioneers and American Indians in
Lit:	all courses		the American West
MdSt 360	Mass Media and Popular Culture	Hist 315	Civil Rights Movement in the
MdSt 370	Contemporary Cinema		1960s
MdSt 371	American Films: Traditions and	Hist 316	Prejudice in America
	Trends	Hist 317	Race, Ethnicity and Immigration
Musc:	all courses		in the United States
Phil:	all courses	Hist 318	Understanding Racial and Ethnic
RelS:	all courses		Groups in the United States
Span:	all courses, 300-level or higher	Hist 319	Introduction to Chicano Studies
Thea:	all courses	Hist 320	History of Asian Americans
WmnS 201	Introduction to Women's Studies	Hist 328	Women in Modern U.S. History,
WmnS 270	Gender, Race, and Popular		1870-1970
	Culture	Hist 329	Legacies: A History of Women
WmnS 370	Women Writers in Literature and		and the Family
	Film	Hist 334	The Great Depression of the
			1930s
Cultural Diversity in the United Hi			Soldiers and Society: The Civil
States	-		War and Reconstruction
(One course)	Hist 336	U.S. History since World War II
Anth 301	Approaches to Cultural	Hist 342	The Sixties Experience
AHIII 30 I	Anthropology	Hmng:	all courses
	Antinopology		

Opinig 2003			
HSer 395	Human Services and Diversity*	Psyc 212	Introduction to Diversity and
HSFS 342	Children in U.S. Society		Ethics in Psychology
Ling 326	Language and Culture	Psyc 328	Psychology of African Americans
Ling 327	Language and Society	RelS 305	Major Themes of Great Traditions
Ling 337	Diversity in English	RelS 306	Themes in Spirituality
Ling 346	Language and Gender	RelS 322	American Indian Spirituality
Lit 312	Women Writers	RelS 333	Race and Religion
Lit 313	Minnesota Women in Literature	RelS 377	Women and Religion
	and the Arts	RelS 390	Zen Buddhism in American
Lit 314	Women Writers and a Feminist		Culture
	Critique	Soc 101	Introduction to Sociology
Lit 342	American Literature II: 1870-	Soc 301	Contemporary Sociology
0	Present	Soc 302	Interpersonal and Social Power:
Lit 361	African-American Literature	000 002	A View from Below
Lit 363	American Indian Literature	Soc 303	Ethnic Conflict in Global
Lit 367	Scandinavian Immigrants in	000 000	Perspective
Lit 007	Literature	Soc 304	Social Movements in Global
MdSt 560	Media and Society	000 004	Perspective
MdSt 500 MdSt 570	Topics in Film Study: American	Soc 305	Race and Ethnicity: Sociological
Must 370	Indians in Film	300 303	Perspectives
Phil 100	Multicultural Introduction to	Soc 306	Deviance and Social Control
FIII 100		Soc 307	
Dhil 206	Philosophy		Working in America
Phil 306	Philosophy and Sexuality	Soc 308	Women and Work in the United
Phil 350	Human RightsWatch	Coo 200	States
Phil 351	Neighborhood Justice	Soc 309	Homelessness: Critical Issues for
Phil 354	Theories of Caring and Justice	Coo 240	Policy and Practice
Phil 362	African and African-American	Soc 310	City Life: Sociological
DI::1.004	Philosophy		Perspectives on Urban
Phil 364	Feminism and Philosophy	0 044	Community
Phil 365	An Introduction to Gay, Lesbian,	Soc 311	Community Organizing and
	Bisexual and Transgender	0 040	Social Action
D 1404	Studies	Soc 312	The Sociology of Madness
Pol 101	Introduction to American	Soc 314	Tradition and Change: American
D 1000	Government and Politics	0 017	Indian Communities Today
Pol 308	Politics of Education	Soc 317	Women in Minnesota Life:
Pol 309	Color of Public Policy: African		Education, Politics and Social
	American, American Indian and		Change
	Chicano-Latino in the United	SSci 100	Introduction to Social Science
	States	Span:	all courses
Pol 332	Women and the Law	WmnS:	all courses, except WmnS 101,
Pol 333	Constitutional Law: Civil Rights		340 and 401
	and Civil Liberties		
Pol 343	Urban Space: Perspectives on	Global A	wareness (one course)
	Community Development	Anth 301	Approaches to Cultural
Pol 346	Perspectives on the American		Anthropology
	Labor Movement	Anth 302	Gender and Culture
		Anth 304	Anthropology of Religion

Spring 2003			
Anth 306	Kinship and Diversity	Hum 317	Modernism
Anth 320	Anthropology in the Global Age	IBus 391	International Business*
Anth 321	Cultural Anthropology: Focus on	Ling 316	The Nature of Language
	Mexico and Central America	Ling 326	Language and Culture
Anth 323	Contemporary Issues in	Ling 327	Language and Society
	Southeast Asia	Lit 372	English Literature: 1800-Present
Anth 325	Women, Development and Social	Mktg 480	International Marketing*
	Change	Musc 321	Topics in Ethnic Music
CJS 340	Comparative Criminal Justice	Phil 352	Global Ethics
Comm 333	Intercultural Communication	Phil 361	Eastern Philosophy
Econ 314	International and Comparative	Phil 362	African and African-American
	Economics		Philosophy
EthS 313	Theories of International	Phil 366	Race and Racism: Philosophical
	Development		Problems
Fren:	all courses	Pol 301	Citizenship in Global Context
Hist 120	The Chinese World	Pol 302	Political Ideas
Hist 121	Modern Asia	Pol 321	World Politics
Hist 130	Europe: The Making of the	Pol 324	Africa: A Continent in Transition
	Modern Western World	RelS 304	Introduction to World Religions
Hist 337	War and Peace: U.S. Foreign	RelS 305	The Jewish/Christian Encounter
	Relations, 1914-Present	Soc 303	Ethnic Conflict in Global
Hist 338	U.SRussian Relations:		Perspective
	Revolution, Cold War and the	Soc 304	Social Movements in Global
	Present		Perspective
Hist 341	The Vietnam War	Span:	all courses
Hist 351	Europe: the Global Power, 1789-	WmnS 340	Women's Health
	Present	WmnS 401	Feminist Theory
Hist 352	Everyday Life in Europe since		
	1789	Civic and	d Ethical Responsibility
Hist 353	Topics in European History	(one course))
Hist 354	History of the Holocaust	Note: This g	oal is not required for students
Hist 361	Africa: From Colonialism to	admitted prid	or to spring 2003. A list of courses
	Independence	meeting this	requirement is being developed
Hist 370	Behind the Great Wall: The Real	and will be available from advisors and on the	
	China	university's l	Website.
Hist 371	Understanding Japan Today		
Hist 380	Mexico, Central America and the	People a	nd the Environment (one
	Caribbean	course)	
Hist 392	Modern Technology: An	Note: This g	oal is not required for students
	International Perspective	admitted prid	or to spring 2003. A list of courses

Comparative Women's History

International Human Resource

Travel and Culture Theory

Seminar

all courses

Management*

Romanticism

Hist 394

Hist 396

Hmng:

HRM 585

Hum 316

admitted prior to spring 2003. A list of courses meeting this requirement is being developed and will be available from advisors and on the university's Website.

General Education and Liberal Studies Electives

	Spri
Comm 481	Communication Ethics
MISD 100	Fundamentals of Information
	Technology in Organizations
EthS 499	Ethnic Studies Capstone Seminar
Anv two of	the following:
ICS 100	Computer Literacy
ICS 120	Microcomputer Applications
ICS 125	Understanding and Using the
	Internet
ICS 381	Societal Issues in Computing
InfS 115	Information Access
InfS 315	Searching for Information
InfS 316	Evaluating Information
InfS 335	Books and Publishing
InfS 345	Special Collections in Libraries
Ling 111	Vocabulary Study
Ling 547	History of English Language
MdSt 560	Topics in Media and Society
MdSt 570	Topics in Film Studies
MdSt 580	Issues in Communication
	Technology
Metr 101	Your Academic Journey (formerly
	First Year Experience)
Prsp 301	Perspectives: Educational
D. 140	Philosophy and Planning
Rdng 112	The Educated Reader: Analytical
D. L	Reading
Rdng 392	Reading in the Urban Elementary
Thea 445	School Theater Arts: Acting II
WmnS 401	Theories of Feminism
WmnS 451	American Women's Movements
WmnS 570	Women in Film
Writ:	all courses, except Writ 101
vviic.	Basic Writing
	(Note: The two excluded credits
	from Writ 121Writing I Intensive
	will not count as General
	Education electives.)
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