

# Greater Minneapolis Crisis Nursery

Crisis Helpline: 763-591-0100

It's not easy to ask for help...but when you do, we'll be there

## The Process

If you are experiencing any type of crisis and you need help: Call 763-591-0100.

No matter how hard we try, sometimes life can overwhelm us. If your family is experiencing a crisis and needs help, you can call our Crisis Helpline 24-hours a day, 365 days a year. We offer free services for parents/guardians and children living in Hennepin County.

## What is a Crisis?

You the parent/guardian define your crisis. The Crisis Nursery believes a crisis is anything that keeps someone from being the kind of parent/guardian they want to be. Here are a few reasons parents and guardians have called the Crisis Helpline and asked for help:

- Emotional or physical exhaustion and in need of a break from parenting
- Medical or mental health concerns and the need for someone to care for your children
- Housing problems or the need for someone to care for children when looking for a place to live
- Domestic violence situations and the need for a safe place for children to stay
- Court ordered appearances and the need for someone to care for children
- For any of the above reasons or any other reason call the Crisis Helpline,

**763-591-0100**

## Your Questions Answered

Q: How do I access your services?

A: Call the crisis line at 763-591-0100. A Family Advocate is available 24 hours a day, 7 days a week, 365 days a year.

Q: What do I need to bring?

A: All you need is proof of residence in Hennepin County and any prescription medications your child needs. We'll take care of the rest.

Q: Can I talk to my kids while they are at the Crisis Nursery?

A: YES. We encourage parents to call and talk with their children during their stay at the Nursery.

Q: What if I don't have transportation to get to the Crisis Nursery?

A: We will help you figure out the best way to get you and your family to the Crisis Nursery.

Q: Will the Crisis Nursery call Child Protective Services if I use the Crisis Nursery?

A: No. Use of Crisis Nursery services is confidential. However, Greater Minneapolis Crisis Nursery staff are mandated reporters and must call child protective services if they suspect child abuse or neglect.

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