Requirements for new students admitted spring 2003 or later.

Students admitted to Metropolitan State University must attend New Student Orientation. Students must complete assessments in reading, writing and math by the end of their first semester. Students transferring fewer than 16 semester credits must also complete METR 101: Your Academic Journey during their first year after admission.

General Education/Liberal Studies/
Minnesota Transfer Curriculum (MnTC)—48 credits
The university's general education/liberal studies (GELS) requirements address the 10 goal areas of the Minnesota Transfer Curriculum. To complete general education, students must complete 40 credits addressing the 10 goal areas outlined below. To complete liberal studies, students must complete eight additional credits at the upper-division level (300-level or higher).

General Education Goals/MnTC (40 or more credits)

Goal I: Communication—Two writing courses—introductory and intermediate writing (6 or more credits).
One oral or visual communication course (3 or more credits).
*Note: Students placing at the intermediate level on the university’s writing assessment are required to complete intermediate-level writing only.

Goal II: Higher Order Thinking—Students who complete the university's general education requirements will have met this goal.

Goal III: Natural Sciences—At least one course including a laboratory, simulation or field experience (3 or more credits).

Goal IV: Mathematical/Logical Reasoning—At least one course at or above the college algebra level (3 or more credits).
*Note: This requirement is waived for students placing above the college algebra level on the university’s higher level math assessment.

Goal V: History and the Social and Behavioral Sciences—At least two courses from two different disciplines (6 or more credits).

Goal VI: Humanities and the Fine Arts—At least two courses from two different disciplines (6 or more credits).

Goal VII: Human Diversity in the U.S. (3 or more credits).

Goal VIII: Global Awareness (3 or more credits).

Goal IX: Ethical and Civic Responsibility (3 or more credits).

Goal X: People and the Environment (3 or more credits).

Liberal Studies (8 or more credits)
All students must complete eight upper-division semester credits (300-level or higher) from the approved GELS course list. Courses marked with an asterisk (*) do not fulfill liberal studies requirements.

GELS Electives
Students who have completed the general education goal areas and liberal studies requirements may still need additional credits to bring the total to 48. Any course listed for Goals I–X (courses marked with an asterisk (*) are excluded) may be used as electives.

Overlap
• Only eight credits may be used to meet both GELS and major requirements; an unlimited number of GELS courses may be used to meet major prerequisites and minor requirements.
• Courses may be used to meet a maximum of two general education goals, but only if one goal is in Goals I–VI and the other goal is in Goals VII–X.
• 300-level or higher courses used to meet the liberal studies requirement may overlap with only one goal area.

Summary of Graduation Requirements

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>General education</td>
<td>40</td>
</tr>
<tr>
<td>Liberal studies</td>
<td>8</td>
</tr>
<tr>
<td>Major requirements</td>
<td>36–63*</td>
</tr>
<tr>
<td>Minimum free electives</td>
<td>13</td>
</tr>
<tr>
<td>Minimum total credits to graduate</td>
<td>120–124*</td>
</tr>
<tr>
<td>* Depends on major</td>
<td></td>
</tr>
<tr>
<td>Minimum upper-division credits (300-level or higher; one-third of total)</td>
<td>40–41</td>
</tr>
<tr>
<td>Minimum credits completed at Metropolitan State</td>
<td>30</td>
</tr>
</tbody>
</table>

Notes
• Students who have completed the Minnesota Transfer Curriculum since fall 1995, or who have earned an associate of arts (A.A.) degree from a Minnesota community college or state university since 1985, do not need to complete general education requirements at Metropolitan State. However, these students must meet the university's liberal studies requirement. This exemption does not apply to the A.S., A.A.S. or other associate degrees.
• GELS requirements may be met by transfer courses or by courses completed at Metropolitan State.
• Courses approved for a goal area at another MnSCU institution will apply to the same goal area at Metropolitan State.
• Students with fewer than 16 credits must take METR 101: Your Academic Journey; all students with fewer than 30 credits may benefit from this course as well.
• Courses must be at least two semester credits (or three quarter credits) to apply toward GELS categories; other courses may be used as GELS electives.
• Some courses may be used as GELS electives but may not be used to meet the goal area or liberal studies requirements (see GELS course list).
2003 General Education and Liberal Studies Course List

Spring 2003 GELS

This is the official list of Metropolitan State University courses that meet the 2003 General Education and Liberal Studies (GELS) requirements. These apply to students admitted to the university spring 2003 and after. Up to eight credits may be used to meet both major and GELS requirements. A course may be used to fulfill a maximum of two goals but one goal must be within Goals I–VI and the other goal within Goals VII–X. A course used to fulfill Liberal Studies may be used for only one goal area.

Note: students need 48 unduplicated credits to complete GELS. When courses are used to meet two requirements, the credit is only counted once.

Goals I–VI

Only courses numbered 399 or below and bearing two or more semester credits may be used to meet Goal Areas I–VI.

Goal I: Communication

Writing (two courses, six or more credits)
First course—one of the following:
Writ 121 Writing I Intensive (three credits only count for requirement)
Writ 131 Writing II
Writ 132 Written and Visual Communication
Second course—one of the following:
Writ 231 Writing II
WmnS 231 Writing II: Gender and Writing
Writ 261 Business Writing
Writ 271 Technical Writing
Writ 331 Writing in your Major

Goal II: Higher Order Thinking

Students who complete the university’s general education requirements will have met this goal.

Goal III: Natural Sciences

(one course, three or more credits)
Biol 101 Introduction to Life Sciences
Biol 105 Human Biology
Biol 106 Biology of Women
Biol 111-111L General Biology & Lab
Biol 112-112L General Biology II & Lab
Chem 111-111L General Chemistry & Lab
Chem 112-112L General Chemistry II & Lab
Chem 151 Chemistry for the Nonscientist
Geol 101 Introduction to Geology
NatH 201 Nature Study
NatH 203 Plants and Society
NatH 204 Minnesota Lake Ecology
Phys 110 Introduction to Physical Science
Phys 111 General Physics I
Psyc 312 Research Methods
Psyc 345 Biopsychology

Goal IV: Mathematical/Logical Reasoning

(three or more credits)
At least one course at or above the college algebra level.
Math 110 Math for the Liberal Arts
Math 115 College Algebra
Math 120 Precalculus
Math: any course, 200-level or higher
Phil 204 Introduction to Symbolic Logic
Stat 201 Statistics I

Goal V: History and the Social and Behavioral Sciences

(two courses from two different disciplines, six or more credits; only courses numbered 399 and below)
Anth: all courses
CJS 101 Introduction to Criminal Justice
CJS 340 Comparative Criminal Justice
CJS 360 Diversity Issues in Criminal Justice
Comm 351 Communication in Work Groups
Econ: all courses
EthS 303 Politics of Resistance and Protest Movements
EthS 304 Race and Ethnicity: Environmental Justice and Public Policy
EthS 305 Major Issues in U.S. Race Relations
EthS 306 Politics of Mixed Racial Identity
EthS 309 The Color of Public Policy
EthS 310 Cross-cultural Issues in Organizations
EthS 313 Theories of International Development
EthS 332 Topics in Contemporary Native North America
EthS 342 Contemporary Perspectives on African-American Community
EthS 352 Chicanoismo Culture and Values
Geo: all courses
Hist: all courses
HSer 300 Violence: Origins and Explanations
HSer 301 Violence: Individual, Community and Global Responses
HSFS 143 The Family: A Social/Psychological Exploration
HSFS 338 Family: Racial, Gender and Class Dimensions
HSFS 339 Issues and Actions in Family Policy

HSFS 341 Work and Family
HSFS 342 Children in U.S. Society
HSSG 374 Aging in America: A Personal Challenge
Ling 316 The Nature of Language
Ling 326 Language and Culture
Ling 327 Language and Society
Pol: all courses
Psyc: Psyc 100 General Psychology and all courses 200-level or higher, except Psyc 312 Research Methods, Psyc 314 Group Dynamics and Facilitation, Psyc 345 Biopsychology
SSci: all courses
Soc: all courses
WmnS 340 Women’s Health
WmnS 345 Economics of Diversity

Goal VI: Humanities and the Fine Arts

(two courses from two different disciplines, six or more credits; only courses numbered 399 and below)
Arts: all courses
Comm 200 Creating Change Through CWA
CJS 375 Criminal Justice Ethics
EthS 200 Theories of Race, Ethnicity and Culture
EthS 250 Introduction to Chicano Studies
EthS 300 Introduction to Ethnic Studies
EthS 302 Immigration and the New World
EthS 311 Understanding Racial and Ethnic Groups in the United States
EthS 361 History of Asian Americans
Fren: all 300-level or higher courses
Hum: all courses
Imda: all courses
Lit: all courses
Mdns 330 Topics in Film Studies
Mdns 370 Contemporary Cinema
Mdns 371 American Films: Traditions and Trends
Mus: all courses
Phil: all courses, except Phil 204
Thea 345 Theater Arts: Acting Off Stage and On

Goals VII–X

Note: A course used for Goals VII–X may overlap once with Goals I–VI or once with Liberal Studies. No course may be used twice within Goals VII–X. Courses marked with an asterisk (*) do not fulfill Goal Areas I–VI or Liberal Studies requirements.

Goal VII: Human Diversity in the United States

(one course, three or more credits)
Anth 301 Approaches to Cultural Anthropology
Anth 302 Gender and Culture
Anth 303 Anthropological Perspectives on Diversity
Anth 304 Anthropology of Religion
Anth 308 Archeology: Explaining the Past
Anth 309 New Neighbors: The U.S. Hmong Community
Comm 233 Introduction to Intercultural Communication
1998 Undergraduate Requirements and GELS Course List

This document includes the graduation requirements and the official list of Metropolitan State GELS courses for students admitted to the university from fall 1998 through fall 2002.

General Education Requirements
40 semester credits
All students must complete 40 semester credits distributed in the categories described below.

Liberal Studies Requirements
8 semester credits
All students must complete eight upper-division semester credits (the equivalent of 300-level or higher) selected from the general education core areas described below.

Summary of Credit Requirements
General education 40
Liberal studies 8
Major requirements 36–63*
Minimum free electives 13
Minimum total credits to graduate 120 to 124*

* Depends on major.
Minimum upper-division credits 40–41
(one third of total)
Minimum credits completed at Metropolitan State 30

Core Areas
Only courses numbered 399 or below and bearing three or more semester or quarter credits may be used to meet Core Area General Education requirements.

Communication
Writing (two courses)
For approved courses, see Goal I under 2003 GELS List.

Oral and Visual Communication (one course)
For approved courses, see Goal I under 2003 GELS List. In addition, the following courses can be used:
Fren: all 100 and 200-level courses
Hmng: all 100 and 200-level courses
Span: all 100 and 200-level courses

Mathematics
For approved courses, see Goal IV under 2003 GELS List.

Natural and Physical Sciences
(one course)
Biol: all courses
Chem: all courses
Geol: all courses
NatH: all courses
Phys: all courses
Psych 312 Research Methods
Psych 343 Drugs and Behavior: An Introduction to Behavioral Pharmacology

Social and Behavioral Science
(two courses from two different disciplines)
For approved courses, see Goal V under 2003 GELS List. However, students fulfilling the 1998 GELS may not use history to meet this requirement.

Humanities
(two courses from two different disciplines)
For approved courses, see Goal VI under 2003 GELS List. In addition, students fulfilling the 1998 GELS may use history to meet this requirement.

General Education and Liberal Studies Electives
Students who have completed the general education core areas and liberal studies may still need additional credits to bring the total to 48. Any course listed on the 2003 GELS list (courses with asterisk (*) excluded) may be used as electives.

Cultural Diversity and Global Awareness
Note: Students must complete one course in cultural diversity and a different course in global awareness. Only courses bearing three or more semester or quarter credits may be used to fulfill these two requirements. Courses meeting either of these requirements may also be used to fulfill other general education or major requirements. Courses marked with an asterisk (*) do not fulfill general education or liberal studies requirements.

Cultural Diversity in the United States (one course)
For approved courses, see Goal VII under 2003 GELS List. In addition, the following courses may be used:
Hmng: all courses
Span: all courses

Global Awareness (one course)
For approved courses, see Goal VIII under 2003 GELS List. In addition, the following courses may be used:
Fren: all courses
Hmng: all courses
Span: all courses

Notes:
• Students who have completed the Minnesota Transfer Curriculum since fall 1995, or who have earned an associate of arts (A.A.) degree from a Minnesota community college or state university since 1985, do not have to complete the general education requirements at Metropolitan State. However, students with this general education exemption must still meet the university’s liberal studies requirements. This exemption does not apply to the A.S., A.A.S., or any other associate degrees.
• GELS requirements may be met by transfer courses or courses completed at Metropolitan State.
• Courses must be a minimum of three semester or quarter credits to meet the core area, cultural diversity, global awareness and liberal studies requirements. This restriction does not apply to general education electives.
• Students with fewer than 16 credits must take METR 101 Your Academic Journey; all students transfering fewer than 30 semester credits will benefit from taking this course.
• Up to 12 credits used to meet major requirements or prerequisites may also be used to meet general education and liberal studies requirements.
• Liberal studies requirements may not be used to fulfill any other GELS requirements.
• Core area requirements may also be used to fulfill either cultural diversity or global awareness requirements.
• Some courses may be used as GELS electives but cannot be used to meet the core areas, liberal studies, cultural diversity and global awareness (see 2003 GELS course list).