

### **Courses for First-Year Students, 100 and 200 level**

First year students, those with fewer than 30 credits, are advised to focus on General Education courses their first few terms. Students cannot register for most upper division courses, courses numbered 300 or higher, until they have earned 30 credits. Courses listed below will (a) fulfill General Education goal areas, and (b) introduce students to academic disciplines that they may decide to pursue as a major.

Students who have less than 16 credits are required to take Metro 101: Your Academic Journey. Students with less than 30 credits and those who have been away from college for a number of years are encouraged to take this course. This course helps students assess their abilities in reading and writing, public speaking and listening, studying and critical thinking and provides a firm foundation for all university learning that follows.

#### **General Education Electives**

- Metro 101: Your Academic Journey (Required for freshman; recommended to students who have been away from college.)
- ICS 100: Computer Literacy
- ICS 120: Microcomputer Applications
- ICS 125: Understanding and Using the Internet
- INFS 115: Information Access
- MIS 100: Fundamentals of Info. Technology in Organizations (Gen. Ed. Elective; required for COM majors)
- Writ 101, Introduction to College Writing

#### **Goal 1, Communication**

- Introductory Writing: Writ 121, 131: Writing I or 132 (per placement)
- Intermediate Writing: Writ 231, 261, or 261

#### **Goal 1, Part 2: Oral and Visual Communication**

- Communications 103 or 231: Public Speaking or Interpersonal Communication
- Linguistics 111: Vocabulary Studies
- Thea 201: Storytelling (Also meets Goal 6)
- Reading 112: The Educated Reader: Analytical Reading (per placement)

#### **Goal 3: Natural Sciences** *All courses below require placement at college level math or completion of Math 098, 099 or 102 or equiv.*

- Biol 101: Introduction to the Life Sciences
- Biol 105: Human Biology
- Biol 106: Biology of Women
- Chem 107: Chemistry, Society and the Environment (Also Goal 10)
- Geol 110: Introduction to the Earth Sciences
- Geol 112: Evolution of the Earth
- Geol 118: Environmental Geology (Also Goal 10)
- NSCI 201: Minnesota Ecology and Conservation Biology (Also Goal 10)
- NSCI 203: Plants and Human Affairs (Also Goal 10)
- NSCI 204: Environmental Science (Also Goal 10)
- Phys 101: Introduction to Astronomy
- Phys 105: Air, Weather and Climate (Also Goal 10)

#### **Goal 4: Mathematical/Logical Reasoning** (courses require specific assessment scores or completion of approved prerequisite such as Math 098)

- Math 110: Math for Liberal Arts
- Math 115: College Algebra
- Phil 204: Symbolic Logic

**Goal Area 5: History and Social and Behavioral Sciences**

- Anthropology 101: Human Origins (Also Goal 10)
- Criminal Justice 101: Introduction to Criminal Justice
- EthS 250: Introduction to Chicano Studies
- GNDR 201: Introduction to Gender and Women's Studies (Also Goal 7)
- Geography 201: Physical and Human Geography (Also Goal 10)
- History 101: The American Past to 1865
- Hist 102: The American Past from 1865
- Hist 103: World History 1, Patterns of Civilization to 1500 and Hist 104: World History, The Modern World, 1500 to Present
- HSFS 143: The Family: A Social Psychological Exploration
- Political Science 101: Introduction to American Government (Also Goal 9)
- Psychology 100: Introduction to Psychology
- Psychology 107: Career Planning and Development
- Psychology 212: Introduction to Diversity and Ethics in Psychology
- Sociology 101: Introduction to Sociology (Also Goal 7)
- Social Science 100: Introduction to Social Science (Also Goal 7)

**Goal Area 6: Humanities and the Fine Arts**

- Arts 106: Introduction to Drawing
- Comm 200/Arts 200: Creating Change through Communication, Writing and the Arts (Also 9)
- Ethnic Studies 100: Introduction to Ethnic Studies (Also Goal 7)
- Ethnic Studies 200 Theories of Race, Gender, and Ethnicity (Also Goal 7)
- Gender Studies 270: Race and Popular Culture (Also Goal 7)
- History 101/102: The American Past and History 103/104: World History
- Humanities 101/102: The World of Ideas
- Literature 100: Introduction to Literature
- Music 133: Class Guitar
- Music 220 Music Appreciation
- Phil 100: Multicultural Introduction to Philosophy (Also Goal 7)
- Phil 102: Philosophy, Film, and the Meaning of Life (Also Goal 9)
- Phil 105: Views of Human Nature
- THEA 201: Storytelling (Also Goal 1-Oral/Visual)

**Goal 7, Human Diversity**

- Eths 232: American Indians in Minnesota, 2 credits
- Eths 244: African Americans in Minnesota, 2 credits

**Goal 10, People and the Environment (SEE ALSO COURSES UNDER GOAL 3**

- Math 102 Mathematics of Sustainability

**Exploratory Electives**

- Biol 101: Introduction to the Life Sciences (Meets Goal 3)
- Comm 171 Desktop Design for Computers
- SoWK 109 Introduction to Social Work
- Psych 250: Academic and Career Pathways in Psychology
- CJS 110 Careers in Criminal Justice (Meets Goal 5)
- HSER 255 Intro to Human Services
- EDU 100: Exploring Urban Education
- EDU 200 Reflective Teaching

- EDU 203 Multicultural Ed
- HSCD 100 Use and Abuse of Drugs
- MGMT 100: Introduction to Business

**Lower Division Electives that count toward graduation but not toward GELS**

- HSCD: Use and Abuse of Drugs: An Introduction
- PFIN: Personal Finance and Investing
- Psy 102: Dynamics of Parent/Child Relationships
- Psy 106: Stress Management and Wellness
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**Please note: If a course meets two goal areas, it is only listed under the first goal that it meets.**

Versions created by MA, DB and PD, March 2012.