General Education and Liberal Studies Course (GELS) List

Following is the official list of Metropolitan State courses that meet GELS requirements. (Because course content varies between institutions, this does not guarantee that courses with the same titles from other institutions meet the same requirements.) These apply to students admitted to the university fall 1998 or later. The requirements differ slightly for students admitted spring 2003. The differences are noted. Up to eight credits can be used to meet both major and GELS requirements. Courses can be used to meet two areas with the exception that a course can be used to meet only one of the following: Cultural Diversity in the United States, Global Awareness, Civic and Ethical Responsibility, and People and the Environment.

Communication

Writing (two courses)

First course—one of the following:
Writ 121 Writing I Intensive (three credits only count for requirement)
Writ 131 Writing I
Writ 132 Written and Visual Communication

Second course—one of the following:
Writ 231 Writing II
WmnS 231 Gender and Writing
Writ 261 Business Writing
Writ 271 Technical Writing

Note: Writ 101 Basic Writing and the remaining two credits of Writ 121 Writing I Intensive do not count for General Education and Liberal Studies requirements.

Oral and Visual Communication (one course)
Comm 103 Public Speaking
Comm 201 Storytelling
Comm 231 Interpersonal Communication
Comm 302 Advanced Public Speaking
Comm 331 Interpersonal Communication for the Helping Professions
Comm 332 Negotiation
Comm 333 Intercultural Communication
Comm 341 Family Communication
Comm 342 Conflict Mediation
Comm 352 Organizational Communication
Comm 353 Communication in Work Groups
Comm 356 Theory Seminar
Comm 361 Managerial Communication
Comm 371 Connections: Introduction to Communication Studies
Fren: all 100 and 200-level courses
Hmng: all 100 and 200-level courses
MdSt 361 Visual Communication
MdSt 363 Children and the Media
Psyc 314 Group Dynamics and Facilitation
Rdng 112 The Educated Reader: Analytical Reading
Span: all 100 and 200-level courses
Thea 331 Voice: Speaking from Experience
Thea 336 Topics in Performance
Thea 345 Theater Arts: Acting Off Stage and On

Mathematics

Demonstration of college algebra-level competence or completion of one of the following courses:
Math 110 Math for the Liberal Arts
Math 115 College Algebra
Math 120 Pre-calculus
Math: any course, 200-level or higher
Phil 204 Introduction to Symbolic Logic
Stat 201 Statistics I

Natural and Physical Sciences (one course)

Note: Students admitted spring 2003 or later must complete a course which includes a laboratory, simulation or field experience.
Biol: all courses
Chem: all courses
Spring 2003

Geol: all courses
NatH: all courses except NatH 302
Phys: all courses
Psyc 312 Experimental Psychology
Psyc 343 Drugs and Behavior: An Introduction to Behavioral Pharmacology
Psyc 349 Physiology and Behavior: An Introduction to Physiological Psychology

History, Social and Behavioral Science

(Two courses with different subject prefixes)
Note: Students admitted prior to spring 2003 cannot use history to meet this requirement.

Anth: all courses
CJS 101 Introduction to Criminal Justice
CJS 340 Comparative Criminal Justice
CJS 360 Diversity Issues in Criminal Justice
Comm 351 Communication in Work Groups
Econ: all courses
EthS 303 Politics of Resistance: Racial and Ethnic Protest Movements
EthS 304 Race and Ethnicity: Environmental Justice and Public Policy
EthS 305 Major Issues in U.S. Race Relations
EthS 306 People of Mixed Racial Descent
EthS 308 Community Research in a Multicultural Context
EthS 309 The Color of Public Policy
EthS 310 Cross-cultural Issues in Organizations
EthS 312 Multicultural Learning Center Internship
EthS 313 Theories of International Development
EthS 332 Tradition and Change: American Indian Communities Today
EthS 342 Contemporary Perspectives on African-American Community

EthS 351 Chicano Past in Perspective: A View of Cultural Traditions in Society
EthS 352 Chicanismo Culture and Values
EthS 353 Multicultural Community Research Internship
EthS 362 New Neighbors: The U.S. Hmong Community

Hist: all courses (see note above)
HSer 301 Violence: Individual, Community and Global Responses

HSFS 143 The Family: A Social/Psychological Exploration
HSFS 338 Family: Racial, Gender and Class Dimensions
HSFS 339 Issues and Actions in Family Policy
HSFS 341 Work and Family
HSFS 342 Children in U.S. Society
HSSG374 Aging in America: A Personal Challenge

Ling 316 The Nature of Language
Ling 326 Language and Culture
Ling 327 Language and Society
Ling 337 Diversity in English
Ling 346 Language and Gender
Pol: all courses
Psyc: all courses, except Psyc 312
EthS 300 Experimental Psychology, Psyc 343 Drugs and Behavior and Psyc 349 Physiology and Behavior

SSci: all courses
Soc: all courses
WmnS 340 Women’s Health
WmnS 345 Economics of Diversity

Humanities

(Two courses with different subject prefixes)
Note: Students admitted prior to spring 2003 can use history to meet this requirement.

Arts: all courses
CJS 375 Criminal Justice Ethics
EthS 300 Theories of Race, Ethnicity and Culture
EthS 301 Introduction to Ethnic Studies
Spring 2003

EthS 302  Race, Ethnicity and Immigration in the U.S.  Anth 302  Gender and Culture
EthS 311  Understanding Racial and Ethnic Groups in the United States: A Comparative Study  Anth 303  Anthropological Perspectives on Diversity
EthS 316  Race and Religion  Anth 304  Anthropology of Religion
EthS 331  American Indian History  Anth 306  Kinship and Diversity
EthS 333  Pioneers and American Indians in the American West  Anth 308  Archeology: Explaining the Past Community
EthS 334  American Indian Spirituality  Anth 309  New Neighbors: The U.S. Hmong
EthS 336  American Indian Literature  CJS 360  Diversity Issues in Criminal Justice
EthS 337  American Indian History Theory Seminar  EthS: all courses, except EthS 313 Theories of International Development
EthS 346  African and African-American Philosophy  Hist 310  American Indian History
EthS 347  Africa: From Colonialism to Independence  Hist 310T  American Indian History Theory Seminar
EthS 350  Introduction to Chicano Studies  Hist 311  African-American History
EthS 361  History of Asian Americans  Hist 312  Beginnings of American Society: Colonial and Revolutionary History
Film: all courses  Hist 314  Pioneers and American Indians in the American West
Fren: all courses, 300-level or higher  Hist 315  Civil Rights Movement in the 1960s
Hist: all courses (see note above)  Hist 316  Prejudice in America
Hum: all courses  Hist 317  Race, Ethnicity and Immigration in the United States
ImdA: all courses  Hist 318  Understanding Racial and Ethnic Groups in the United States
Lit: all courses  Hist 319  Introduction to Chicano Studies
Phil: all courses  Hist 320  History of Asian Americans
RelS: all courses  Hist 321  History of Asian Americans
Span: all courses, 300-level or higher  Hist 322  Women in Modern U.S. History, 1870-1970
Thea: all courses  Hist 328  Women in Modern U.S. History, 1870-1970
WmnS 201  Introduction to Women’s Studies  Hist 329  Legacies: A History of Women and the Family
WmnS 270  Gender, Race, and Popular Culture  Hist 334  The Great Depression of the 1930s
WmnS 370  Women Writers in Literature and Film  Hist 335  Soldiers and Society: The Civil War and Reconstruction

Cultural Diversity in the United States
(One course)
Anth 301  Approaches to Cultural Anthropology
Hist 336  U.S. History since World War II
Hist 342  The Sixties Experience
Hmng: all courses
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>HSer 395</td>
<td>Human Services and Diversity*</td>
<td>Psyc 212</td>
<td>Introduction to Diversity and Ethics in Psychology</td>
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<td>HSFS 342</td>
<td>Children in U.S. Society</td>
<td>Psyc 328</td>
<td>Psychology of African Americans</td>
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<td>Ling 326</td>
<td>Language and Culture</td>
<td>ReIS 305</td>
<td>Major Themes of Great Traditions</td>
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<td>Ling 327</td>
<td>Language and Society</td>
<td>ReIS 306</td>
<td>Themes in Spirituality</td>
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<td>Ling 337</td>
<td>Diversity in English</td>
<td>ReIS 322</td>
<td>American Indian Spirituality</td>
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<td>Ling 346</td>
<td>Language and Gender</td>
<td>ReIS 333</td>
<td>Race and Religion</td>
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<td>Lit 312</td>
<td>Women Writers</td>
<td>ReIS 377</td>
<td>Women and Religion</td>
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<td>Lit 313</td>
<td>Minnesota Women in Literature and the Arts</td>
<td>ReIS 390</td>
<td>Zen Buddhism in American Culture</td>
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<td>Lit 314</td>
<td>Women Writers and a Feminist Critique</td>
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<td>Lit 342</td>
<td>American Literature II: 1870-Present</td>
<td>Soc 101</td>
<td>Introduction to Sociology</td>
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<td>Lit 361</td>
<td>African-American Literature</td>
<td>Soc 301</td>
<td>Contemporary Sociology</td>
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<td>Lit 363</td>
<td>American Indian Literature</td>
<td>Soc 302</td>
<td>Interpersonal and Social Power: A View from Below</td>
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<td>Lit 367</td>
<td>Scandinavian Immigrants in Literature</td>
<td>Soc 303</td>
<td>Ethnic Conflict in Global Perspective</td>
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<td>MdSt 560</td>
<td>Media and Society</td>
<td>Soc 304</td>
<td>Social Movements in Global Perspective</td>
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<td>MdSt 570</td>
<td>Topics in Film Study: American Indians in Film</td>
<td>Soc 305</td>
<td>Race and Ethnicity: Sociological Perspectives</td>
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<td>Phil 100</td>
<td>Multicultural Introduction to Philosophy</td>
<td>Soc 306</td>
<td>Deviance and Social Control</td>
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<td>Phil 306</td>
<td>Philosophy and Sexuality</td>
<td>Soc 307</td>
<td>Working in America</td>
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<td>Phil 350</td>
<td>Human RightsWatch</td>
<td>Soc 308</td>
<td>Women and Work in the United States</td>
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<td>Phil 351</td>
<td>Neighborhood Justice</td>
<td>Soc 309</td>
<td>Homelessness: Critical Issues for Policy and Practice</td>
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<td>Phil 354</td>
<td>Theories of Caring and Justice</td>
<td>Soc 310</td>
<td>City Life: Sociological Perspectives on Urban Community</td>
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<td>Phil 362</td>
<td>African and African-American Philosophy</td>
<td>Soc 311</td>
<td>Community Organizing and Social Action</td>
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<td>Phil 364</td>
<td>Feminism and Philosophy</td>
<td>Soc 312</td>
<td>The Sociology of Madness</td>
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<td>Phil 365</td>
<td>An Introduction to Gay, Lesbian, Bisexual and Transgender Studies</td>
<td>Soc 314</td>
<td>Tradition and Change: American Indian Communities Today</td>
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<td>Pol 101</td>
<td>Introduction to American Government and Politics</td>
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<td>Pol 309</td>
<td>Color of Public Policy: African American, American Indian and Chicano-Latino in the United States</td>
<td>SSci 100</td>
<td>Introduction to Social Science</td>
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<tr>
<td>Pol 332</td>
<td>Women and the Law</td>
<td>Span: all courses</td>
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<tr>
<td>Pol 333</td>
<td>Constitutional Law: Civil Rights and Civil Liberties</td>
<td>WmnS: all courses, except WmnS 101, 340 and 401</td>
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<td>Pol 343</td>
<td>Urban Space: Perspectives on Community Development</td>
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<td>Pol 346</td>
<td>Perspectives on the American Labor Movement</td>
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**Global Awareness** *(one course)*

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<td>Anth 301</td>
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<td>Anth 306</td>
<td>Kinship and Diversity</td>
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<td>Anth 320</td>
<td>Anthropology in the Global Age</td>
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<td>Anth 321</td>
<td>Cultural Anthropology: Focus on Mexico and Central America</td>
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<td>Anth 323</td>
<td>Contemporary Issues in Southeast Asia</td>
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<td>Anth 325</td>
<td>Women, Development and Social Change</td>
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<td>CJS 340</td>
<td>Comparative Criminal Justice</td>
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<td>Comm 333</td>
<td>Intercultural Communication</td>
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<td>Econ 314</td>
<td>International and Comparative Economics</td>
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<td>EthS 313</td>
<td>Theories of International Development</td>
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<td>Fren: all courses</td>
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<td>Hist 120 The Chinese World</td>
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<td>Hist 121 Modern Asia</td>
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<td>Hist 130 Europe: The Making of the Modern Western World</td>
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<td>Hist 337 War and Peace: U.S. Foreign Relations, 1914-Present</td>
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<td>Hist 338 U.S.-Russian Relations: Revolution, Cold War and the Present</td>
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<td>Hist 341 The Vietnam War</td>
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<td>Hist 351 Europe: the Global Power, 1789-Present</td>
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<td>Hist 352 Everyday Life in Europe since 1789</td>
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<td>Hist 353 Topics in European History</td>
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<td>Hist 354 History of the Holocaust</td>
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<td>Hist 361 Africa: From Colonialism to Independence</td>
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<td>Hist 370 Behind the Great Wall: The Real China</td>
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<td>Hist 371 Understanding Japan Today</td>
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<td>Hist 380 Mexico, Central America and the Caribbean</td>
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<td>Hist 392 Modern Technology: An International Perspective</td>
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<td>Hist 394 Comparative Women’s History</td>
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<td>Hist 396 Travel and Culture Theory Seminar</td>
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<td>HRM 585 International Human Resource Management*</td>
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<td>Hum 316 Romanticism</td>
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**Civic and Ethical Responsibility (one course)**

*Note: This goal is not required for students admitted prior to spring 2003. A list of courses meeting this requirement is being developed and will be available from advisors and on the university’s Website.*

**People and the Environment (one course)**

*Note: This goal is not required for students admitted prior to spring 2003. A list of courses meeting this requirement is being developed and will be available from advisors and on the university’s Website.*

**General Education and Liberal Studies Electives**
Spring 2003

Comm 481  Communication Ethics
MISD 100  Fundamentals of Information Technology in Organizations
EthS 499  Ethnic Studies Capstone Seminar

Any two of the following:
ICS 100  Computer Literacy
ICS 120  Microcomputer Applications
ICS 125  Understanding and Using the Internet
ICS 381  Societal Issues in Computing
InfS 115  Information Access
InfS 315  Searching for Information
InfS 316  Evaluating Information
InfS 335  Books and Publishing
InfS 345  Special Collections in Libraries
Ling 111  Vocabulary Study
Ling 547  History of English Language
MdSt 560  Topics in Media and Society
MdSt 570  Topics in Film Studies
MdSt 580  Issues in Communication Technology
Metr 101  Your Academic Journey (formerly First Year Experience)
Prsp 301  Perspectives: Educational Philosophy and Planning
Rdng 112  The Educated Reader: Analytical Reading
Rdng 392  Reading in the Urban Elementary School
Thea 445  Theater Arts: Acting II
WmnS 401  Theories of Feminism
WmnS 451  American Women’s Movements
WmnS 570  Women in Film
Writ: all courses, except Writ 101 Basic Writing
(Note: The two excluded credits from Writ 121 Writing I Intensive will not count as General Education electives.)