This course list is current as of Oct. 16, 2019. For the most current information view the Current GELS/MnTC list on the Class Schedule page at www.metrostate.edu. This is the official list of Metropolitan State University courses that meet the General Education and Liberal Studies (GELS) requirements for all undergraduate students admitted to the university. To meet the university’s General Education and Liberal Studies (GELS) requirements, students must complete each of the 10 goal areas of the Minnesota Transfer Curriculum (MnTC) and complete 48 unduplicated credits.

Eight (8) of the 48 credits must be upper division (300-level or higher) to fulfill the university’s Liberal Studies requirement. Each course title is followed by a number in parenthesis (4). This number indicates the number of credits for that course. Course titles followed by more than one number, such as (2-4), indicate a variable-credit course.

**Superscript Number:**
- Superscript number (10) indicates that a course meets more than one goal area requirement. For example, NSCI 20410 listed under Goal 3 meets Goals 3 and 10. Although the credits count only once, the course satisfies the two goal area requirements.
- Separated by a comma (LS) indicates that a course will meet both areas indicated.
- Separated by a forward slash (LS) indicates that a course will meet one or the other goal area but not both.

**Superscript LS:**
- Indicates that a course will meet the Liberal Studies requirement.

**Asterisk (*)**:
- Indicates that a course can be used to meet goal area requirements, but cannot be used as General Education or Liberal Studies Electives.

**Goal 1: Communication (six or more credits in writing; three or more credits in oral and visual communication)**

<table>
<thead>
<tr>
<th>Introductory Writing (one course required)</th>
<th>Oral and Visual Communication</th>
<th>Managerial Communication</th>
</tr>
</thead>
<tbody>
<tr>
<td>WRIT 121 Writing I Intensive (5)</td>
<td>COMM 103 Public Speaking (3)</td>
<td></td>
</tr>
<tr>
<td>WRIT 131 Writing I (3)</td>
<td>COMM 231 Introduction to Interpersonal Communication (3)</td>
<td></td>
</tr>
<tr>
<td>WRIT 132 Written and Visual Communication (3)</td>
<td>COMM 32010 Individual Rights and Public Discourse (4)</td>
<td></td>
</tr>
<tr>
<td>WRIT 232 Research Writing in the Digital Age (5)</td>
<td>COMM 32115 Gender, Sport and Communication in the U.S. (4)</td>
<td></td>
</tr>
<tr>
<td>WRIT 261 Business Writing (3)</td>
<td>COMM 33115 Intermediate Interpersonal Communication (4)</td>
<td></td>
</tr>
<tr>
<td>WRIT 271 Technical Writing (3)</td>
<td>COMM 35115 Communication in Work Groups (4)</td>
<td></td>
</tr>
<tr>
<td>WRIT 33115 Writing in Your Major (4)</td>
<td>COMM 35215 Organizational Communication (4)</td>
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<tr>
<td></td>
<td>COMM 36115 Managerial Communication (4)</td>
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<tr>
<td></td>
<td>COMM 37215 Health Communication (4)</td>
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</tr>
</tbody>
</table>

**Goal 2: Critical Thinking**

Students who complete the university’s general education requirements will have met this goal.

**Goal 3: Natural Sciences**

(Seven or more credits including a laboratory; + indicates the needed lab for previous listed course)

| BIOL 101 Introduction to the Life Sciences (4) | +BIOL 225L Basic Microbiology Laboratory (0) | +CHEM 332L Organic Chemistry II Laboratory (1) |
| BIOL 105 Human Biology (4)                     | CHEM 102 Introduction to Chemistry (4)     | CHEM 36115 Inorganic Chemistry (5)            |
| BIOL 106 Biology of Women (4)                  | CHEM 105 Survey of General, Organic and Biochemistry (4) | GEOL 110 Introduction to Earth Sciences (4) |
| BIOL 107 Biology, Race, and Racism (4)         | CHEM 10710 Chemistry, Society and the Environment (4) | GEOL 112 Evolution of the Earth (4)          |
| BIOL 108 Introduction to Brain (3)             | CHEM 108 The Science of Cooking (3)        | GEOL 11810 Environmental Geology (4)         |
| BIOL 111 General Biology I (4)                 | CHEM 111 General Chemistry I (4)           | LAWE 367 Exploring Forensic Science (4)      |
| BIOL 112 General Biology II (4)                | +CHEM 111L General Chemistry I Laboratory (0) | NSCI 20110 Minnesota Ecology and Conservation Biology (4) |
| BIOL 221 Human Anatomy and Physiology I (4)    | +CHEM 112 General Chemistry II (4)         | NSCI 20310 Plants and Human Affairs (4)      |
| +BIOL 221L Human Anatomy and Physiology I Laboratory (0) | +CHEM 112L General Chemistry II Laboratory (0) | NSCI 20410 Environmental Science (4)         |
| BIOL 222 Human Anatomy and Physiology II (4)   | CHEM 31110 Environmental Chemistry (3)     | NSCI 21610 Engaging Science: Exploring its Nature (4) |
| +BIOL 222L Human Anatomy and Physiology II Laboratory (0) | +CHEM 311L Environmental Chemistry Laboratory (2) | PHYS 100 How Things Work (4) |
| BIOL 225 Basic Microbiology (4)                | CHEM 332LS Organic Chemistry II (4)        | PHYS 101 Introduction to Astronomy (4)       |
|                                             |                                             | PHYS 10510 Air, Weather and Climate (4)      |
### Arts Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>ARTS 106</td>
<td>Introduction to Drawing (4)</td>
</tr>
<tr>
<td>ARTS 115</td>
<td>Introduction to Photography (4)</td>
</tr>
<tr>
<td>ARTS 200</td>
<td>Creating Change through Communication, Writing and the Arts (4)</td>
</tr>
<tr>
<td>ARTS 203</td>
<td>Introduction to Digital Arts (4)</td>
</tr>
<tr>
<td>ARTS 300L</td>
<td>Museums and Galleries (4)</td>
</tr>
<tr>
<td>ARTS 307</td>
<td>Introduction to Painting (4)</td>
</tr>
<tr>
<td>ARTS 310L</td>
<td>urrent Topics (2-4)</td>
</tr>
<tr>
<td>ARTS 302L</td>
<td>Exhibition Practices: Group Internship (2)</td>
</tr>
<tr>
<td>ARTS 304L</td>
<td>Topics in Fibers (2-4)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Course Code</th>
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</thead>
<tbody>
<tr>
<td>PSYC 302</td>
<td>Individual Differences (4)</td>
</tr>
<tr>
<td>PSYC 301</td>
<td>Jungian Psychology: Basic Concepts (2)</td>
</tr>
<tr>
<td>PSYC 323</td>
<td>The Nature of Creativity: A Psychological Perspective (4)</td>
</tr>
<tr>
<td>PSYC 324</td>
<td>Practical Behavior Analysis and Modification (4)</td>
</tr>
<tr>
<td>PSYC 325</td>
<td>Psychoanalytic and Other Dynamic Theories (2)</td>
</tr>
<tr>
<td>PSYC 327</td>
<td>Psychological Testing (4)</td>
</tr>
<tr>
<td>PSYC 337</td>
<td>Psychology of Africans Americans (4)</td>
</tr>
<tr>
<td>PSYC 336</td>
<td>Psychology of Humor (4)</td>
</tr>
<tr>
<td>PSYC 333</td>
<td>Psychology of Learning: Contemporary Theories and Applications (4)</td>
</tr>
<tr>
<td>PSYC 334</td>
<td>Peace Studies and the Psychology of Peace (4)</td>
</tr>
<tr>
<td>PSYC 335</td>
<td>Psychology of Women (4)</td>
</tr>
<tr>
<td>PSYC 336</td>
<td>Social Psychology (4)</td>
</tr>
<tr>
<td>PSYC 337</td>
<td>Sports Psychology (4)</td>
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<tr>
<td>PSYC 338</td>
<td>The Unconscious and Dreamwork (4)</td>
</tr>
<tr>
<td>PSYC 339</td>
<td>Working with Children in the Middle Years (4)</td>
</tr>
<tr>
<td>PSYC 340</td>
<td>Understanding Death and Dying (4)</td>
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<tr>
<td>PSYC 341</td>
<td>Violence and the Media: Psychological Effects of Film and Popular Music (4)</td>
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<tr>
<td>PSYC 342</td>
<td>Community Leadership: Principles and Approaches (4)</td>
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<tr>
<td>PSYC 343</td>
<td>Drugs and Behavior: An Introduction to Behavioral Pharmacology (4)</td>
</tr>
<tr>
<td>PSYC 344</td>
<td>Personnel and Industrial Psychology (4)</td>
</tr>
<tr>
<td>PSYC 345</td>
<td>Academic and Career Pathways in Psychology (2)</td>
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<tr>
<td>PSYC 346</td>
<td>Abnormal Psychology (4)</td>
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<tr>
<td>PSYC 347</td>
<td>Adolescent Psychology (4)</td>
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<tr>
<td>PSYC 348</td>
<td>Adult Development and Lifelong Learning (4)</td>
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<tr>
<td>PSYC 349</td>
<td>Artificial Intelligence (4)</td>
</tr>
<tr>
<td>PSYC 350</td>
<td>Battered Women: An Historical and Social Perspective (4)</td>
</tr>
<tr>
<td>PSYC 351</td>
<td>Violence Against Women Theory Seminar (4)</td>
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<tr>
<td>PSYC 352</td>
<td>Believing Disorders in Children (4)</td>
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<tr>
<td>PSYC 353</td>
<td>Child Abuse (4)</td>
</tr>
<tr>
<td>PSYC 354</td>
<td>Data/Statistical Analysis for the Behavioral Sciences (4)</td>
</tr>
<tr>
<td>PSYC 355</td>
<td>Child Psychology (4)</td>
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<tr>
<td>PSYC 356</td>
<td>Child Psychology Theory Seminar (4)</td>
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<tr>
<td>PSYC 357</td>
<td>Life Span Developmental Psychology (4)</td>
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<tr>
<td>PSYC 358</td>
<td>Family Systems (4)</td>
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<tr>
<td>PSYC 359</td>
<td>Art History (4)</td>
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<td>PSYC 360</td>
<td>Holistic Health (2)</td>
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<tr>
<td>PSYC 361</td>
<td>Human Factors (4)</td>
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<tr>
<td>PSYC 362</td>
<td>Humanistic Psychology (2)</td>
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<tr>
<td>PSYC 363</td>
<td>The Impact of Technology on Human and Organizational Behavior (4)</td>
</tr>
</tbody>
</table>

### Social Science Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>ETHS 100</td>
<td>Introduction to Ethnic Studies (4)</td>
</tr>
<tr>
<td>ETHS 200</td>
<td>Theories of Race, Ethnicity and Culture (4)</td>
</tr>
<tr>
<td>ETHS 231</td>
<td>Global Native and Indigenous Studies (4)</td>
</tr>
<tr>
<td>ETHS 250</td>
<td>Social and Cultural Ecologies of Latinos in the United States (4)</td>
</tr>
<tr>
<td>ETHS 302</td>
<td>Immigrant Communities and the Trajectories of Othering (4)</td>
</tr>
<tr>
<td>ETHS 311</td>
<td>Understanding Racial and Ethnic Groups in the United States (4)</td>
</tr>
<tr>
<td>ETHS 361</td>
<td>History of Asian Americans (4)</td>
</tr>
</tbody>
</table>
ETHS 326
ETHS 309
Discourse (4)
ARTS 200
Goal 9: Ethical and Civic Responsibility (three or more credits)
HIST 370
HIST 362
HIST 354
HIST 341
GNDR 345
ECON 314
COMM 333A
HUM 327
HUM 302
HUM 301
IDST 330
IDST 307, LS
IDST 380, LS
IDST 425
LING 327

Goal 8: Global Perspective (three or more credits)

HIST 335, LS
A New Birth of Freedom: U.S. Civil War and Reconstruction (4)
HIST 336, LS
HIST 342, LS
The Sixties Experience (4)
HSDS 307, LS
Blind, Deaf Blind and Deaf Culture, History and Resources (4)
HSDS 399, LS
The Disability Experience in Television and Film (4)
HSER 303, LS
Disability Awareness (4)
HSER 307, LS
Gender Violence in Global Perspective (4)
HSER 309, LS
Violence and Disability (4)
HSER 415, LS
Spirituality and Helping (4)
HSFS 341, LS
Work and Family (4)
HSFS 342, LS
Children in U.S. Society (4)
HUM 332, LS
The Photo and the Other (4)
HUM 364, LS
The Harlem Renaissance (4)
IDST 330, LS
Women in Math, Science and Technology (4)
IDST 3706, LS
Ida, Self and Other (4)
IDST 380, LS
Adult Learning and Social Change (4)
IDST 425
Community, Diversity and Utopia (4)
LING 327, LS
Language and Society (4)
LING 346, LS
Language and Gender (4)
LIT 312, LS
Women Writers (4)
LIT 342, LS
American Literature: 1870–Present (4)
LIT 3456, LS
African-American Literature (4)
LIT 362, LS
American Women Writers (4)
LIT 363, LS
American Indian Literature (4)
LIT 360, LS
Women in Film (4)
MDST 375, LS
Women in Film (4)
MDST 381, LS
Video Game Culture (4)
MGMT 360, LS
Managing a Diverse Workforce (4)
PHIL 306, LS
Philosophy and Sexuality (4)
PHIL 362, LS
Philosophy and Blackness (4)
PHIL 365, LS
The Cultural Politics of GLBT Sexuality (4)
PHIL 366, LS
Race and Racism: Philosophical Problems (4)
POL 332, LS
Gender and the Law (4)
PSYC 212, LS
Introduction to Diversity and Ethics in Psychology (3)
PSYC 332, LS
Psychology of African Americans (4)
PSYC 335, LS
Psychology of Women (4)
PSYC 356, LS
Early Childhood Development within a Social/Cultural and Historical Context (3)
PSYC 368, LS
Psychology of the LGBT Community (4)
RELS 306, LS
The Spiritual Journey (4)
RELS 322, LS
American Indian spirituality (4)
RELS 333, LS
Race and Religion (4)
RELS 377, LS
Women and Religion (4)
RELS 390, LS
Zen Buddhism in American Culture (4)
SOC 101, LS
Introduction to Sociology (4)
SOC 301, LS
Contemporary Sociology (4)
SOC 306, LS
Deviance and Social Control (4)
SOC 317, LS
Women in Minnesota Life: Education, Politics and Social Change (4)
SOC 321, LS
Food, Culture, and Society (4)
SOC 325, LS
The Body in Society (4)
SOC 329, LS
Race and Ethnicity: Sociological and Anthropological Perspectives (4)
SSCI 100, LS
Introduction to Social Science (4)
WRIT 300, LS
Creative Writers, Identity and Race in the Twin Cities (4)

Goal 9: Ethical and Civic Responsibility (three or more credits)

ARTS 200
Creating Change Through Communication, Writing and the Arts (4)
CJS 375, LS
Criminal Justice Ethics (3)
COMM 200
Creating Change Through Communication, Writing and the Arts (4)
COMM 320, LS
Individual Rights and Discourse (4)
ETHS 231
Global Native and Indigenous Studies (4)
ETHS 309, LS
Race and Public Policy (4)
ETHS 326
Race and Work in American Life (2-4)
ETHS 335
American Indian Nations: Law, Power and Persistence (4)
HIST 309, LS
Women and Public Activism (4)
HIST 331, LS
Religion and Politics in America (4)
HIST 348, LS
U.S. Legal History: A Survey (4)
IDST 310, LS
Principles of Civic Engagement (4)
IDST 321, LS
Human Rights and the Educated Citizen (4)
IDST 325
Perspectives on Peace (4)
PHIL 102
Philosophy, Film and the Meaning of Life (4)
PHIL 301, LS
Ethical Inquiry (4)
PHIL 302, LS
Philosophy Now (4)
PHIL 320, LS
Business Ethics (4)
PHIL 321, LS
Literature by Immigrants of Color (4)
PHIL 325, LS
Asian American Writers (4)
PHIL 327, LS
English Literature: 1800–Present (4)
MDST 378
World Cinema (4)
MKTG 480
International Marketing (4)
OJIB 100
Ojibwe Culture and Language (4)
OJIB 101
Beginning Ojibwe I (4)
POL 303, LS
Ethnic Conflict in Global Perspective (4)
POL 304, LS
Social Movements in Global Perspective (4)
POL 321, LS
World Politics (4)
POL 323, LS
The Middle East: Conflict and Change (4)
RELS 304, LS
Introduction to World Religions (4)
RELS 305, LS
Jewish-Christian Encounter (4)
RELS 308, LS
World of Islam (4)
RELS 309, LS
Justice and Peace in Judaism, Christianity and Islam (4)
RELS 312, LS
Religious Traditions of China (4)
RELS 380, LS
Muslim Identities in the United States (4)
SOC 303, LS
Ethnic Conflict in Global Perspective (4)
SOC 304, LS
Social Movements in Global Perspective (4)
SPAN 101
Beginning Spanish I (4)
SPAN 102
Beginning Spanish II (4)
SPAN 201
Intermediate Spanish I (4)
SPAN 202
Intermediate Spanish II (4)
SSCI 396, LS
Travel and Culture Theory Seminar (4)
SSCI 396, LS
Travel and Culture Theory Seminar (4)
PSYC 334, LS
Peace Studies and the Psychology of Peace (4)
PSYC 370, LS
Political Psychology (4)
RELS 307, LS
Civil Religion: Theory, Practice and Analysis (4)
SOC 302, LS
Interpersonal and Social Power: A View from Below (4)
SOC 309, LS
Homelessness: Critical Issues for Policy and Practice (4)
Goal 10: People and the Environment (three or more credits)

ANTH 101 Human Origins (3)
BIOL 310s Ecology (5)
BIOL 311s Plant Physiology (5)
BIOL 312s Evolution (5)
BIOL 316s Behavioral Ecology (5)
CHEM 311 Environmental Chemistry (5)
CHEM 311L Environmental Chemistry Laboratory (0)
ECON 310 Money, Banking and Financial Institutions (4)
HSG 384 Civic Engagement: Focus in Later Life (4)
ICS 100 Introduction to Computer Technology Concepts (2)
ICS 120 Microcomputer Applications (2)
ICS 125 Understanding and Using the Internet (2)
INFS 115 Information Access (2)
INFS 315s Searching for Information (4)
INFS 335s Youth Participation and Teen Literature (3)
INFS 338s The Craft and Commerce of Book Publishing (4)
INFS 340s Research in Special Collections and Archives (4)
LING 471s History of the English Language (4)
MATH 471 Abstract Algebra (4)
MDST 560s Writing for Television (4)
MDST 561s Advanced Television Writing (4)
MDST 580s Issues in Communication Technology (4)
METR 101 Your Academic Journey (3)
MIS 100 Fundamentals of Information Technology in Organizations (4)
PRSP 301s Perspectives: Educational Philosophy and Planning (4)
SCRW 314s New Screenplay Forms (4)
SCRW 315s Film Production and Editing I (4)
SCRW 410s Film Production and Editing II (4)
SCRW 415s Advanced Screenwriting (4)
SCRW 416s Projects in Screenwriting (4)
WRIT 101 Introduction to College Writing (3)
WRIT 301s Professional and Technical Writing Careers (2)
WRIT 302 Content Strategy (2)
WRIT 324s Topics in Writing (4)
WRIT 3311,15 Writing in Your Major (4)
WRIT 341s Writing the News in a Digital World (4)
WRIT 342s Writing for Online and Print Magazines (4)
WRIT 343s Writing Social Commentary (4)
WRIT 344s Writing for Publication and Profit (4)
WRIT 352s Writing Memoir and Creative Nonfiction (4)
WRIT 353s Writing Short Fiction (4)
WRIT 354s Writing Poetry (4)
WRIT 355s Writing Children’s Literature (4)
WRIT 356s Writing Humor (4)
WRIT 357s Writers as Readers (4)
WRIT 358s 1000 Words or Less (4)
WRIT 371s Editing (4)
WRIT 372s Document and Information Design I (4)
WRIT 373s Writing and Designing for the Web I (4)
WRIT 392s Literacy Corps Group Internship: Literacy Tutors (3-4)
WRIT 393s Literacy Corps Group Internship: Family Literacy (3-4)
WRIT 461s Writing and Technical Communication Capstone (4)
WRIT 481s Advanced Creative Writing (4)
WRIT 511s Advanced Writing (4)
WRIT 532s Writing about Place (4)
WRIT 571s Advanced Editing (4)
WRIT 572s Document and Information Design II (4)
WRIT 573s Writing and Designing for the Web II (4)
WRIT 574s Usability for Technical Communication (4)
WRIT 577s Design of User Experience (4)
WRIT 583s Writing Major Projects (4)
WRIT 599s Advanced Topics (4)
WRIT 599A Writing in Your Field (4)
WRIT 599A Special Topics in International Study (4)

General Education and Liberal Studies (GELS) Electives

The following courses will not meet goal area requirements, but can be used as General Education Electives to meet the 48-credit requirement. Any course numbered 300 or higher may be used to meet the Liberal Studies requirement. Courses listed for goals 1–10 (except for courses marked with an asterisk [*]) may also be used as electives.

MIS 100 Fundamentals of Information Technology in Organizations (4)
PRSP 301s Perspectives: Educational Philosophy and Planning (4)
SCRW 314s New Screenplay Forms (4)
SCRW 315s Film Production and Editing I (4)
SCRW 410s Film Production and Editing II (4)
SCRW 415s Advanced Screenwriting (4)
SCRW 416s Projects in Screenwriting (4)
WRIT 101 Introduction to College Writing (3)
WRIT 301s Professional and Technical Writing Careers (2)
WRIT 302 Content Strategy (2)
WRIT 324s Topics in Writing (4)
WRIT 3311,15 Writing in Your Major (4)
WRIT 341s Writing the News in a Digital World (4)
WRIT 342s Writing for Online and Print Magazines (4)
WRIT 343s Writing Social Commentary (4)
WRIT 344s Writing for Publication and Profit (4)
WRIT 352s Writing Memoir and Creative Nonfiction (4)
WRIT 353s Writing Short Fiction (4)
WRIT 354s Writing Poetry (4)
WRIT 355s Writing Children’s Literature (4)
WRIT 356s Writing Humor (4)
WRIT 357s Writers as Readers (4)
WRIT 358s 1000 Words or Less (4)
WRIT 371s Editing (4)
WRIT 372s Document and Information Design I (4)
WRIT 373s Writing and Designing for the Web I (4)
WRIT 392s Literacy Corps Group Internship: Literacy Tutors (3-4)
WRIT 393s Literacy Corps Group Internship: Family Literacy (3-4)
WRIT 461s Writing and Technical Communication Capstone (4)
WRIT 481s Advanced Creative Writing (4)
WRIT 511s Advanced Writing (4)
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WRIT 571s Advanced Editing (4)
WRIT 572s Document and Information Design II (4)
WRIT 573s Writing and Designing for the Web II (4)
WRIT 574s Usability for Technical Communication (4)
WRIT 577s Design of User Experience (4)
WRIT 583s Writing Major Projects (4)
WRIT 599s Advanced Topics (4)
WRIT 599A Writing in Your Field (4)
WRIT 599A Special Topics in International Study (4)

SOC 310s City Life: Space, Places and Community Life (4)
SOC 311s Community Organizing and Social Action (4)
SOC 319s Politics, Markets and Society (4)
SOC 381s Community Leadership Principles and Approaches (4)