

GELS 2023-2024

General Education/Liberal Studies/Minnesota Transfer Curriculum 2023-2024 Course List

This course list is current as of April 12, 2024. For the most current information view the Current GELS/MnTC list on the Class Schedule page at www.metrostate.edu. This is the official list of Metropolitan State University courses that meet the General Education and Liberal Studies (GELS) requirements for all undergraduate students admitted to the university. To meet the university's General Education and Liberal Studies (GELS) requirements, students must complete each of the 10 goal areas of the Minnesota Transfer Curriculum (MnTC) and complete 48 unduplicated credits. Eight (8) of the 48 credits must be upper division (300-level or higher) to fulfill the university's Liberal Studies requirement. Each course title is followed by a number in parenthesis (4). This number indicates the number of credits for that course. Course titles followed by more than one number, such as (2-4), indicate a variable-credit course.

Superscript Number:

- Superscript number (10) indicates that a course meets more than one goal area requirement. For example, NSCI 20410 listed under Goal 3 meets Goals 3 and 10. Although the credits count only once, the course satisfies the two goal area requirements.
- Separated by a comma (3,LS) indicates that a course will meet both areas indicated.
- Separated by a forward slash (7/8) indicates that a course will meet one or the other goal area but not both.

Superscript LS (LS):

- Indicates that a course will meet the Liberal Studies requirement.

Asterisk (*):

- Indicates that a course can be used to meet goal area requirements, but cannot be used as General Education or Liberal Studies Electives.

Goal 1: Communication (six or more credits in writing; three or more credits in oral and visual communication)

Introductory Writing (one course required)

Note: students must place at the intermediate level on the university's writing assessment essay to be exempt from this requirement.

WRIT 121 Writing I Intensive (5)
WRIT 131 Writing I (3)
WRIT 132 Written and Visual Communication (3)

Intermediate Writing (one course required)

TCID 261 Business Writing (3)
TCID 271 Technical Writing (3)
WRIT 231 Writing II (3)
WRIT 232 Research Writing in the Digital Age (5)
WRIT 331^{LS} Writing in Your Major (4)

Oral and Visual Communication

COMM 103 Public Speaking (3)
COMM 231 Introduction to Interpersonal Communication (3)
COMM 320^{9,LS} Individual Rights and Public Discourse (4)
COMM 321^{LS} Gender, Sport and Communication in the U.S. (4)
COMM 331^{LS} Interpersonal Communication in the Helping Professions (4)
COMM 351^{LS} Communication in Work Groups (4)
COMM 352^{LS} Organizational Communication (4)
COMM 361^{LS} Managerial Communication (4)
COMM 372⁷ Health Communication (4)

INFS 340^{5,LS} Research in Special Collections and Archives (4)
LING 111 Vocabulary Study (3)
MDST 210 Introduction to Social Media and Online Community (4)
MDST 361^{LS} Visual Communication (4)
MDST 363^{LS} Children, Adolescents and the Media (4)
PSYC 314^{LS} Group Dynamics and Facilitation (4)
RDNG 112 The Educated Reader: Analytical Reading (4)
TCID 330^{LS} Science Communication (4)
THEA 201⁶ Storytelling (3)
THEA 331^{LS} Voice: Speaking from Experience (4)
THEA 345^{LS} Acting III (4)
THEA 346^{LS} Topics (2-4)

Goal 2: Critical Thinking

Students who complete the university's general education requirements will have met this goal.

Goal 3: Natural Sciences

(seven or more credits including a laboratory; + indicates the needed lab for previous listed course)

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| BIOL 101 Introduction to the Life Sciences (4) | BIOL 225 Basic Microbiology (4) | +CHEM 311L Environmental Chemistry Laboratory (2) |
| BIOL 105 Human Biology (4) | +BIOL 225L Basic Microbiology Laboratory(0) | CHEM 332LS Organic Chemistry II (4) |
| BIOL 106 Biology of Women (4) | CHEM 102 Introduction to Chemistry (4) | +CHEM 332L Organic Chemistry II Laboratory (1) |
| BIOL 107 Biology, Race, and Racism (4) | CHEM 105 Survey of General, Organic and Biochemistry (4) | CHEM 361 ^{LS} Inorganic Chemistry (5) |
| BIOL 111 General Biology I (4) | CHEM 107 ¹⁰ Chemistry, Society and the Environment (4) | GEOL 110 Introduction to Earth Sciences (4) |
| BIOL 112 General Biology II (4) | CHEM 108 The Science of Cooking (4) | GEOL 118 ¹⁰ Environmental Geology (4) |
| BIOL 221 Human Anatomy and Physiology I (4) | CHEM 111 General Chemistry I (4) | LAWE 367 Exploring Forensic Science (4) |
| +BIOL 221L Human Anatomy and Physiology I Laboratory (0) | +CHEM 111L General Chemistry I Laboratory (0) | NSCI 201 ¹⁰ Minnesota Ecology and Conservation Biology (4) |
| BIOL 222 Human Anatomy and Physiology II (4) | CHEM 112 General Chemistry II (4) | NSCI 204 ¹⁰ Environmental Science (4) |
| +BIOL 222L Human Anatomy and Physiology II Laboratory (0) | +CHEM 112L General Chemistry II Laboratory (0) | NCSI 206 ¹⁰ Garden Science (4) |
| | CHEM 311 ^{10,LS} Environmental Chemistry (3) | PHYS 101 Introduction to Astronomy (4) |

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| PHYS 105 ¹⁰ | Air, Weather and Climate (4) | PHYS 111 | General Physics I–Algebra Based (5) | PSYC 312 ^{LS} | Research Methods (5) |
| PHYS 110 | Introduction to Physics (4) | PHYS 211 | Calculus Based Physics I (5) | PSYC 345 ^{LS} | Biopsychology (5) |
| | | PSYC 309 ^{LS} | Cognitive Psychology (4) | PSYC 391 ^{LS} | Sensation and Perception (4) |

Goal 3: Natural Sciences courses without associated labs

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| BIOL 108 | Introduction to Brain (4) | CHEM 108 | The Science of Cooking (4) |
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Goal 4: Mathematical/Logical Reasoning (three or more credits)

Note: This requirement is waived for students placing above the college algebra level on the university's higher level math assessment.

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| MATH 110 | Math for the Liberal Arts (4) | MATH 310 ^{LS} | Calculus III: Multivariable Calculus (4) | MATH 375 ^{LS} | Complex Variables (4) |
| MATH 115 | College Algebra (4) | MATH 315 ^{LS} | Linear Algebra and Applications (4) | PHIL 204 | Introduction to Symbolic Logic (4) |
| MATH 120 | Pre-calculus (4) | MATH 320 ^{LS} | Introduction to Probability and Statistics (4) | STAT 201 | Statistics I (4) |
| MATH 210 | Calculus I (4) | | | STAT 301 | Analysis of Variance and Multivariate Analysis(4) |
| MATH 211 | Calculus II (4) | MATH 340 ^{LS} | Mathematical Modeling (4) | STAT 311 | Regression Analysis (4) |
| MATH 215 | Discrete Mathematics (4) | MATH 350 ^{LS} | Ordinary Differential Equations (4) | STAT 321 | Biostatistics (4) |
| MATH 301 ^{LS} | Introduction to Analysis (4) | MATH 370 ^{LS} | Modern Geometry (4) | | |

Goal 5: History and the Social and Behavioral Sciences (six or more credits from two or more disciplines)

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| ANTH 101 ¹⁰ | Human Origins (3) | ETHS 352 ^{7LS} | Latina/o Cultural Politics (4) | HIST 340 ^{LS} | Special Topics and Issues in History (2-4) |
| ANTH 301 ^{8LS} | Approaches to Cultural Anthropology (4) | ETHS 363 ^{7LS} | Asian American Women: Myths and Realities (4) | HIST 341 ^{8LS} | The Vietnam War (4) |
| ANTH 302 ^{8LS} | Gender and Culture (4) | ETHS 375 ^{7LS} | Black Life in Wealth and Poverty (4) | HIST 342 ^{7LS} | The Sixties Experience (4) |
| ANTH 304 ^{8LS} | Anthropology of Religion (4) | ETHS 380 ^{7LS} | Special Topics in Ethnic Studies (2-4) | HIST 344 ^{LS} | From Reagan to Obama: America Since 1980 (4) |
| ANTH 308 ^{LS} | Archeology: Explaining the Past (4) | GEOG 201 ¹⁰ | Introduction to Geography (3) | HIST 346 ^{LS} | Minnesota History (4) |
| ANTH 309 ^{7LS} | New Neighbors: The U.S. Hmong Community (4) | GNDR 201 ⁷ | Introduction to Gender and Women's Studies (4) | HIST 348 ^{9LS} | U.S. Legal History: A Survey (4) |
| ANTH 310 ^{8LS} | Anthropology of Masculinity (4) | GNDR 345 ^{8LS} | Global Perspectives on Gender (4) | HIST 350 ^{LS} | Europe: Creation and Conflict, 1500–1789 (4) |
| ANTH 320 ^{8LS} | Globalization and Culture (4) | GNDR 367 ^{7LS} | Transgender Identities (4) | HIST 351 ^{8LS} | Europe: The Global Power, 1789–Present (4) |
| ANTH 321 ^{8LS} | Cultural Anthropology: Focus on Mexico and Central America (4) | GNDR 375 ^{7LS} | Intersectionality (4) | HIST 353 ^{LS} | Topics in European History (4) |
| ANTH 328 ^{7LS} | Anthropology of Immigrants and Refugees (4) | GNDR 380 ^{7LS} | Fandoms, Stanning, Gender and Sexualities in Popular Culture (4) | HIST 353A ^{LS} | Topics in European History (4) |
| ANTH 329 ^{7LS} | Race and Ethnicity: Sociological and Anthropological Perspectives (4) | HIST 101 | The American Past: To 1865 (3) | HIST 354 ^{8LS} | History of the Holocaust (4) |
| ANTH 383 ^{7LS} | Careers in Social Issues: Applied and Public Anthropology and Sociology (4) | HIST 102 | The American Past: From 1865 (3) | HIST 355 ^{LS} | Problems of Contemporary Europe in Historical Perspective (4) |
| CJS 101 | Introduction to Criminal Justice (3) | HIST 103 | World History I: Patterns of Civilization to 1500 (3) | HIST 357 ^{LS} | Gender in Early Modern Europe (4) |
| CJS 318 ^{LS} | Women, Crime, and Justice (3) | HIST 104 | World History II: The Modern World, 1500 to the Present (3) | HIST 361 ^{8LS} | Africa: From Ancient Times to 1800 (4) |
| CJS 340 ^{8LS} | Comparative Criminal Justice (3) | HIST 140 | History in the News: Variable Topics (2-4) | HIST 362 ^{8LS} | Africa: From Colonialism to Independence (4) |
| CJS 340A ^{8LS} | Comparative Criminal Justice (3) | HIST 200 ⁸ | Geneology in Global Context (4) | HIST 363 ^{10LS} | World Environmental History (4) |
| CJS 350 ^{LS} | Citizenship: Community Involvement (3) | HIST 301 ^{LS} | Historical Interpretation (4) | HIST 364 ^{7LS} | Black Slavery and Resistance in North America(4) |
| CJS 354 ^{LS} | Restorative Justice (4) | HIST 303 ^{LS} | U.S. Economic Life: Business (4) | HIST 366 ^{8LS} | Palestine/Israel since 1880: Histories of a Conflict (4) |
| CJS 360 ^{7LS} | Diversity Issues in Criminal Justice (3) | HIST 304 ^{7LS} | U.S. Economic Life: Working People (4) | HIST 370 ^{8LS} | Behind the Great Wall: The Real China (4) |
| ECON 200 | Intro to Economics for Non-business and Non-economics Majors (3) | HIST 305 ^{LS} | U.S. Economic Life: Technology (4) | HIST 371 ^{8LS} | Understanding Modern Japan (4) |
| ECON 201 | Macroeconomics (3) | HIST 309 ^{9LS} | Women and Public Activism (4) | HIST 372 ^{8LS} | History of Japanese Popular Culture (4) |
| ECON 202 | Microeconomics (3) | HIST 310 ^{7LS} | American Indian History (4) | HIST 373 ^{8LS} | U.S.-Japanese Relations from a Racial Perspective (4) |
| ECON 311 ^{10LS} | Economics of the Environment (4) | HIST 311 ^{7LS} | African American History (4) | HIST 382 ^{8LS} | Colonies, Challenge, and Change: Latin American History to 1910 (4) |
| ECON 313 ^{LS} | Labor Economics (4) | HIST 312 ^{7LS} | Beginnings of American Society: Colonial and Revolutionary History (4) | HIST 383 ^{LS} | Latin America History II: 1910 to Present (4) |
| ECON 314 ^{8LS} | International and Comparative Economics (4) | HIST 313 ^{LS} | The American Presidents (4) | HIST 389 ^{8LS} | Monuments, Memory, and History (2-6) |
| ECON 315 ^{7LS} | Economics of Diversity (4) | HIST 315 ^{7LS} | The Civil Rights Movement in the 1960s (4) | HIST 391 ^{LS} | The Crusades: Origins and Global Perspectives (4) |
| ECON 316 ^{LS} | Health Economics (4) | HIST 320 ^{7LS} | History of Asian Americans (4) | HIST 394 ^{8LS} | Comparative Women's History (4) |
| ECON 351 ^{LS} | Intermediate Macroeconomics (4) | HIST 327 | American History at the Movies (4) | HIST 395 ^{LS} | The Rise and Fall of Communism (4) |
| ECON 352 ^{LS} | Intermediate Microeconomics (4) | HIST 328 ^{7LS} | Women in Modern U.S. History (4) | HIST 398 ^{LS} | World War II: A Global History (4) |
| ETHS 270 | Global Blackness (4) | HIST 329 ^{7LS} | Legacies: History of Women and the Family (4) | HRM 330 ^{LS} | Personal and Industrial Psychology (4) |
| ETHS 303 ^{7LS} | Politics of Racial Resistance and Protest in the United States (4) | HIST 331 ^{9LS} | Religion and Politics in America (4) | HSDS 307 ^{7LS} | Blind, Deaf Blind and Deaf Culture, History and Resources (4) |
| ETHS 304 ^{10LS} | Environmental Justice and Public Policy (4) | HIST 333 ^{10LS} | The Greening of America: Environmental History since 1900 (4) | HSDS 399 ^{7LS} | The Disability Experience in Television and Film (4) |
| ETHS 305 ^{7LS} | Major Issues in U.S. Race Relations (4) | HIST 334 ^{7LS} | The Great Depression of the 1930s (4) | HSER 300 ^{LS} | Violence: Origins and Explanations (4) |
| ETHS 306 ^{7LS} | Politics of Mixed Racial Identity (4) | HIST 335 ^{7LS} | A New Birth of Freedom: U.S. Civil War and Reconstruction (4) | HSER 301 ^{LS} | Violence: Individual, Community and Global Responses (4) |
| ETHS 309 ^{9LS} | Race and Public Policy (4) | HIST 336 ^{7LS} | From Roosevelt to Reagan: American History, 1932–1980 (4) | | |
| ETHS 318 ^{7LS} | Trauma and Traumascesapes (4) | HIST 337 ^{LS} | U.S. Foreign Relations, World War I to the Present (4) | | |
| ETHS 326 ^{9LS} | Race and Work in American Life (2-4) | HIST 339 ^{LS} | History of Sexuality: Modern Perspectives (4) | | |
| ETHS 332 ^{7LS} | Topics in Contemporary Native North America (4) | | | | |
| ETHS 335 ^{9LS} | American Indian Nations: Law, Power and Persistence (4) | | | | |
| ETHS 342 ^{7LS} | Contemporary Issues in Black America (4) | | | | |

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| HSER 415 ^{7,LS} | Spirituality and Helping (4) | PSYC 308 ^{LS} | Child Psychology (4) | PSYC 370 ^{9,LS} | Political Psychology (4) |
| HSFS 338 ^{LS} | Family: Racial, Gender and Class Dimensions (4) | PSYC 308T ^{LS} | Child Psychology Theory Seminar (4) | PSYC 380 ^{LS} | Adlerian Psychology (4) |
| HSFS 339 ^{LS} | Issues and Actions in Family Policy (4) | PSYC 311 ^{LS} | Life Span Developmental Psychology (4) | PSYC 381 ^{LS} | The American Male (4) |
| HSFS 341 ^{7,LS} | Work and Family (4) | PSYC 313 ^{LS} | Family Systems (4) | PSYC 382 ^{LS} | Community Services for the Mentally Retarded (4) |
| HSFS 342 ^{7,LS} | Children in U.S. Society (4) | PSYC 315 ^{LS} | Adult Learning (4) | PSYC 384 ^{LS} | Education Futures (4) |
| HSFS 343 ^{LS} | The Family: A Social/Psychological Exploration (4) | PSYC 316 ^{LS} | Holistic Health (2) | PSYC 385 ^{LS} | Educational Psychology (4) |
| HSG 374 ^{LS} | Aging in America: A Personal and Societal Journey (4) | PSYC 317 ^{LS} | Human Factors (4) | PSYC 387 ^{10,LS} | Environmental Psychology (4) |
| IDST 323 ^{10,LS} | Reimagining and Sustaining Sense of Place (4) | PSYC 318 ^{LS} | Humanistic Psychology (2) | PSYC 388 ^{LS} | Marriage and Family Relations (4) |
| IDST 327 ^{8,LS} | Mapping Judaism, Christianity, and Islam (4) | PSYC 319 ^{LS} | The Impact of Technology on Human and Organizational Behavior (4) | PSYC 389 ^{LS} | Mental Retardation: Adulthood and Old Age (4) |
| IDST 330 ^{7,LS} | Women in Math, Science and Technology (4) | PSYC 320 ^{LS} | Individual Differences (4) | PSYC 390 ^{LS} | Developmental Disabilities: Issues, Assessment and Intervention (4) |
| IDST 380 ^{7,LS} | Adult Learning and Social Change (4) | PSYC 321 ^{LS} | Jungian Psychology: Basic Concepts (2) | PSYC 392 ^{LS} | Psychology and Education of the Gifted (4) |
| IDST 385 ^{LS} | Turning Points: Self-Transformation (4) | PSYC 323 ^{LS} | The Nature of Creativity: A Psychological Perspective (4) | PSYC 393 ^{LS} | Special Education Overview (4) |
| SSCI 396T ^{8,LS} | Travel and Culture Theory Seminar (4) | PSYC 324 ^{LS} | Practical Behavior Analysis and Modification (4) | PSYC 393T ^{LS} | Special Education Overview Theory Seminar (4) |
| INFS 340 ^{1,LS} | Research in Special Collections and Archives (4) | PSYC 325 ^{LS} | Psychoanalysis and Other Dynamic Theories (2) | PSYC 394 ^{LS} | Vocational Rehabilitation of Persons with Disabilities (4) |
| LING 316 ^{8,LS} | The Nature of Language (4) | PSYC 327 ^{LS} | Psychological Testing (4) | PSYC 395 ^{LS} | Coaching Psychology (4) |
| LING 326 ^{8,LS} | Language and Culture (4) | PSYC 328 ^{7,LS} | Psychology of African Americans (4) | PSYC 397 ^{LS} | Developmental Disabilities: Issues, Concepts and Problem Solving (4) |
| LING 327 ^{7,LS} | Language and Society (4) | PSYC 329 ^{LS} | Psychology of Humor (4) | PSYC 399 ^{LS} | Applied Psychology Research Internship (3) |
| LING 346 ^{7,LS} | Language and Gender (4) | PSYC 330 ^{LS} | Psychology of Learning: Contemporary Theories and Applications (4) | PSYC 417 ^{LS} | Language and Communication Development in Early Childhood Education (4) |
| POL 101 ⁹ | Introduction to American Government and Politics (4) | PSYC 331 ^{LS} | Psychology of Men (4) | RELS 307 ^{6,LS} | Civil Religion: Theory, Practice, Analysis (4) |
| POL 301 ^{9,LS} | Citizenship in a Global Context (4) | PSYC 332 ^{LS} | Psychology of Personality (4) | RELS 309 ^{8,LS} | Justice and Peace in Judaism, Christianity and Islam (4) |
| POL 302 ^{9,LS} | Political Ideas (4) | PSYC 333 ^{LS} | Psychology of Victims (4) | RELS 380 ^{8,LS} | Muslim Identities in the United States (4) |
| POL 303 ^{8,LS} | Ethnic Conflict in Global Perspective (4) | PSYC 333T ^{LS} | Victimization Theory Seminar (4) | SOC 101 ⁷ | Introduction to Sociology (4) |
| POL 304 ^{8,LS} | Social Movements in Global Perspective (4) | PSYC 334 ^{9,LS} | Peace Studies and the Psychology of Peace (4) | SOC 301 ^{7,LS} | Contemporary Sociology (4) |
| POL 305 ^{9,LS} | Elections and Political Parties (4) | PSYC 335 ^{7,LS} | Psychology of Women (4) | SOC 303 ^{8,LS} | Ethnic Conflict in Global Perspective (4) |
| POL 311 ^{9,LS} | Community Organizing and Social Action (4) | PSYC 336 ^{LS} | Social Psychology (4) | SOC 304 ^{8,LS} | Social Movements in Global Perspective (4) |
| POL 312 ^{9,LS} | Advocacy for Policy Change (4) | PSYC 337 ^{LS} | Sports Psychology (4) | SOC 306 ^{7,LS} | Deviance and Social Control (4) |
| POL 319 ^{9,LS} | Capitalism, Democracy, and Inequality (4) | PSYC 338 ^{LS} | The Unconscious and Dreamwork (4) | SOC 309 ^{9,LS} | Homelessness: Critical Issues for Policy and Practice (4) |
| POL 321 ^{8,LS} | Approaches to World Politics (4) | PSYC 339 ^{LS} | Working with Children in the Middle Years (4) | SOC 310 ^{9,LS} | City Life: Space, Places and Community Life (4) |
| POL 323 ^{8,LS} | The Middle East: Conflict and Change (4) | PSYC 340 ^{LS} | Understanding Death and Dying (4) | SOC 311 ^{9,LS} | Community Organizing and Social Action (4) |
| POL 325 ^{8,LS} | African Politics (4) | PSYC 341 ^{LS} | Violence and the Media: Psychological Effects of Film and Popular Music (4) | SOC 317 ^{7,LS} | Women in Minnesota Life: Education, Politics and Social Change (4) |
| POL 331 ^{LS} | Law and the Legal Process (4) | PSYC 343 ^{LS} | Drugs and Behavior: An Introduction to Behavioral Pharmacology (4) | SOC 319 ^{9,LS} | Capitalism, Democracy, and Inequality (4) |
| POL 332 ^{7,LS} | Gender and the Law (4) | PSYC 344 ^{LS} | Personnel and Industrial Psychology (4) | SOC 321 ^{7,LS} | Food, Culture, and Society (4) |
| POL 333 ^{9,LS} | Constitutional Law: Civil Rights and Civil Liberties (4) | PSYC 346 ^{LS} | Health Psychology (4) | SOC 325 ^{7,LS} | The Body in Society (4) |
| POL 342 ^{9,LS} | Lobbying: A Citizen's Guide to the Legislative Process (4) | PSYC 347 ^{LS} | Positive Psychology (4) | SOC 329 ^{7,LS} | Race and Ethnicity: Sociological and Anthropological Perspectives (4) |
| POL 381T ^{9,LS} | Community Leadership: Principles and Approaches (4) | PSYC 350T ^{LS} | Early Childhood Programs: Management Principles and Applications Theory Seminar (4) | SOC 331 ⁹ | Animals and Society (4) |
| PSYC 100 | General Psychology (4) | PSYC 351T ^{LS} | Early Childhood Programs: Regulatory/Financial/Facility Management Theory Seminar (4) | SOC 381 ^{9,LS} | Community Leadership Principles and Approaches (4) |
| PSYC 212 ⁷ | Introduction to Diversity and Ethics in Psychology (3) | PSYC 352T ^{LS} | Early Childhood Programs: Advocacy and Communications Theory Seminar (4) | SOC 383 ^{7,LS} | Careers in Social Issues: Applied and Public Anthropology and Sociology (4) |
| PSYC 250 | Academic and Career Pathways in Psychology (2) | PSYC 353 ^{LS} | Selected Topics in Early Childhood (2-4) | SSCI 100 ⁷ | Introduction to Social Science (4) |
| PSYC 300 ^{LS} | Abnormal Psychology (4) | PSYC 356 ^{7,LS} | Early Childhood Development within a Social/Cultural and Historical Context (3) | SSCI 311 ^{LS} | Research Methods in Social Science (4) |
| PSYC 301 ^{LS} | Adolescent Psychology (4) | PSYC 357 ^{LS} | Observing and Assessing Young Children: Birth Through Age Five (3) | SSCI 365 ^{LS} | Social Science Group Internship: Civic Engagement and Public Life (4) |
| PSYC 302 ^{LS} | Adult Development and Lifelong Learning (4) | PSYC 359 ^{LS} | Positive Behavior Guidance (3) | SSCI 512 ^{LS} | Qualitative Research Methods (4) |
| PSYC 303 ^{LS} | Artificial Intelligence (4) | PSYC 360 ^{LS} | Friday Forum Topics (2-4) | TCID 394 ^{LS} | Theories of Fun and Play (4) |
| PSYC 304 ^{LS} | Battered Women: An Historical and Social Perspective (4) | PSYC 363 ^{LS} | Community Psychology (4) | | |
| PSYC 304T ^{LS} | Violence Against Women Theory Seminar (4) | PSYC 367 ^{LS} | Human Sexuality (4) | | |
| PSYC 305 ^{LS} | Behavior Disorders in Children (4) | PSYC 368 ^{7,LS} | Psychology of the LGBT Community (4) | | |
| PSYC 306 ^{LS} | Child Abuse (4) | | | | |
| PSYC 307 ^{LS} | Data/Statistical Analysis for the Behavioral Sciences (4) | | | | |

Goal 6: Humanities and the Fine Arts (six or more credits from two or more disciplines)

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| ARTS 106 | Introduction to Drawing (4) | ARTS 200 ⁹ | Creating Change through Communication, Writing and the Arts (4) | ARTS 203 | Introduction to Digital Arts (4) |
| ARTS 115 | Introduction to Photography (4) | | | ARTS 300 ^{LS} | Museums and Galleries (4) |
| ARTS 140 | Introduction to Sculpture (4) | | | ARTS 207 | Introduction to Painting (4) |

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| ARTS 301 ^{LS} | Current Topics (2-4) | LIT 307 ^{LS} | Poetry (4) | PHIL 362 ^{7LS} | Philosophy and Blackness (4) |
| ARTS 302 ^{LS} | Exhibition Practices: Group Internship (2) | LIT 312 ^{7LS} | Women Writers (4) | PHIL 365 ^{7LS} | The Cultural Politics of GLBT Sexuality (4) |
| ARTS 304 ^{LS} | Topics in Fibers (2-4) | LIT 315 ^{LS} | Gender in Literature and Film (4) | PHIL 366 ^{7LS} | Race and Racism: Philosophical Problems (4) |
| ARTS 306 ^{LS} | Intermediate Drawing (4) | LIT 326 ^{8LS} | Love and Sex in Pre-Modern World Literature (4) | PHIL 375 ^{LS} | Ancient Greek Philosophy (4) |
| ARTS 307 ^{LS} | Intermediate Painting (4) | LIT 327 ^{LS} | The Fairy Tale (4) | PHIL 376 ^{LS} | Early Modern European Philosophy (4) |
| ARTS 309 ^{LS} | Photography: History of a Visual Artform (4) | LIT 330 ^{LS} | Children's Literature (4) | PHIL 378 ^{LS} | Contemporary Epistemology and Metaphysics (4) |
| ARTS 311 ^{LS} | Watercolors (4) | LIT 332 ^{LS} | Adolescent Literatures (4) | PHIL 379 ^{LS} | Contemporary Moral Theory (4) |
| ARTS 316 ^{LS} | Intermediate Photography (4) | LIT 341 ^{LS} | American Literature: Beginnings–1870 (4) | RELS 301 ^{LS} | Introduction to Religious Studies (4) |
| ARTS 319 ^{LS} | Topics in Printmaking (4) | LIT 342 ^{7LS} | American Literature: 1870–Present (4) | RELS 301T ^{LS} | Introduction to Religious Studies Theory Seminar (4) |
| ARTS 320 ^{LS} | Topics in Clay: Variable Subtitles (3) | LIT 349 ^{10LS} | American Nature Writers (4) | RELS 302 ^{LS} | Intro to the Hebrew Bible (the Old Testament) (4) |
| ARTS 323 ^{LS} | Intermediate Photography (4) | LIT 361 ^{7LS} | African-American Literature (4) | RELS 303 ^{LS} | Intro to the Christian Scriptures (the New Testament) (4) |
| ARTS 402 ^{7LS} | Art in Public Spaces (4) | LIT 362 ^{7LS} | Black Women Writers (4) | RELS 303T ^{LS} | Introduction to the Christian Scriptures (the New Testament) Theory Seminar (4) |
| CJS 375 ^{9LS} | Criminal Justice Ethics (3) | LIT 363 ^{7LS} | Native American Oral and Written Narratives (4) | RELS 304 ^{8LS} | Introduction to World Religions (4) |
| COMM 200 ⁹ | Creating Change through Comm., Writing and the Arts (3) | LIT 364 ^{8LS} | Literature by Immigrants of Color (4) | RELS 305 ^{8LS} | Jewish-Christian Encounter (4) |
| ETHS 100 ⁷ | Introduction to Ethnic Studies (4) | LIT 365 ^{8LS} | Asian Women Writers(4) | RELS 306 ^{7LS} | The Spiritual Journey (4) |
| ETHS 200 ⁷ | Theories of Race, Ethnicity and Culture (4) | LIT 368 ^{8LS} | Asian and Asian Diasporic Literatures (4) | RELS 308 ^{8LS} | World of Islam (4) |
| ETHS 231 ⁸ | Global Native and Indigenous Studies (4) | LIT 369 ^{8LS} | African and African Diasporic Literatures (4) | RELS 312 ^{8LS} | Religious Traditions of China (4) |
| ETHS 250 ⁷ | Social and Cultural Ecologies of Latinos in the United States (4) | LIT 371 ^{LS} | English Literature: Beginnings–1800 (4) | RELS 314 ^{8LS} | Hmong Spirituality (4) |
| ETHS 302 ^{7LS} | Immigrant Communities and the Trajectories of Othering (4) | LIT 372 ^{8LS} | English Literature: 1800–Present (4) | RELS 322 ^{7LS} | American Indian Spirituality (4) |
| ETHS 311 ^{7LS} | Understanding Racial and Ethnic Groups in the United States (4) | LIT 383 ^{7LS} | Latinx Literature of the U.S. (4) | RELS 333 ^{7LS} | Race and Religion (4) |
| ETHS 361 ^{7LS} | History of Asian Americans (4) | LIT 390 ⁷ | Authors and Topics in Literature (2-4) | RELS 344 ^{LS} | Religion and Psychology (4) |
| ETHS 381 ^{7LS} | Race and Racism: Philosophical Problems (4) | LIT 401 ^{8LS} | Literature of the Global South (4) | RELS 355 ^{LS} | Religion and Politics in America (4) |
| GNDR 270 ⁷ | Gender, Race and Popular Culture (3) | MDST 330 ^{LS} | Topics in Film Studies (1-4) | RELS 366 ^{LS} | Religion, Morality and Contemporary U.S. Society (4) |
| GNDR 365 ^{7LS} | The Cultural Politics of GLBT Sexuality (4) | MDST 370 ^{LS} | Contemporary Cinema (4) | RELS 377 ^{7LS} | Women and Religion (4) |
| GNDR 369 ^{7LS} | GLBT Issues in Literature and Film (4) | MDST 371 ^{LS} | American Film: Tradition and Trends (4) | RELS 390 ^{7LS} | Zen Buddhism in American Culture (4) |
| HUM 101 | The World of Ideas: Ancient and Medieval (3) | MDST 375 ^{7LS} | Women in Film (4) | SCRW 213 ^{LS} | Beginning Screenwriting (4) |
| HUM 102 | The World of Ideas: Modern (3) | MUSC 133 | Class Guitar I (3) | SCRW 315 ^{LS} | Film Production and Editing I (4) |
| HUM 308 ^{10LS} | Global Humanities: Ancient Cultures (4) | MUSC 220 | Music Appreciation (4) | SCRW 320 ^{LS} | Excluded Voices of American Cinema (4) |
| HUM 309 ^{LS} | Ancient and Medieval Monsters (4) | MUSC 322 ^{LS} | Topics in Music (4) | TCID 383 ^{LS} | Writing for Video Games (4) |
| HUM 313 ^{LS} | Medieval Civilization (4) | MUSC 330 ^{LS} | Experimental Music (4) | TCID 390 ^{LS} | Introduction to Game Design (4) |
| HUM 314 ^{LS} | The Renaissance (4) | MUSC 333 ^{LS} | Applied Guitar Study (4) | TCID 392 ^{LS} | Game, Level, and Character Design (4) |
| HUM 315 ^{LS} | The Enlightenment (4) | PHIL 100 | Multicultural Introduction to Philosophy (4) | TCID 393 ^{LS} | Writing in Interactive Environments (4) |
| HUM 316 ^{8LS} | Romanticism (4) | PHIL 102 ⁹ | Philosophy, Film and the Meaning of Life (4) | THEA 201 ¹ | Storytelling (3) |
| HUM 317 ^{8LS} | Modernism (4) | PHIL 105 | Human Nature: Global Perspectives (4) | THEA 303 ^{LS} | The Live Theater Experience (4) |
| HUM 318 ^{LS} | Global Postmodernism (4) | PHIL 106 | Philosophy, Spirituality, and Religious Diversity" (4) | THEA 321 ^{LS} | The Art of Reading Plays (4) |
| HUM 321 ^{LS} | Myth (4) | PHIL 107 ⁹ | We Make the Road by Walking: An Introduction to Practical Philosophy (4) | THEA 333 ^{9LS} | Staging Dissent: Performing Activism and Civic Engagement (4) |
| HUM 326 ^{LS} | World Folklore (4) | PHIL 301 ^{9LS} | Ethical Inquiry (4) | THEA 351 ^{LS} | Production and Performance Laboratory (4) |
| HUM 333 ^{7LS} | The Photo and the Other (4) | PHIL 302 ^{9LS} | Philosophy Now(4) | THEA 387 ^{LS} | Theater History II (4) |
| HUM 335 ^{LS} | Land, Knowledge, and Identity through Indigenous Languages (4) | PHIL 303 ^{LS} | Principles of Inquiry: Ways of Knowing (4) | THEA 390 ^{LS} | The Evolution of Western Theater (4) |
| HUM 364 ^{7LS} | The Harlem Renaissance (4) | PHIL 306 ^{7LS} | Philosophy and Sexuality (4) | THEA 400 ^{LS} | Playwriting (4) |
| HUM 370 ^{8LS} | African Film (4) | PHIL 310 ^{10LS} | Environmental Philosophy (4) | WRIT 251 | Introduction to Creative Writing (4) |
| HUM 380 ^{10LS} | Environmental Humanities (4) | PHIL 320 ^{9LS} | Business Ethics (4) | WRIT 300 ^{7LS} | Creative Writers, Identity and Race in the Twin Cities (4) |
| IDST 370 ^{7LS} | Cinema, Self and Other (4) | PHIL 321 ^{9LS} | Medical Ethics (4) | WRIT 353 ^{LS} | Writing Short Fiction (4) |
| LIT 100 | Introduction to Literature (3) | PHIL 325 ^{9LS} | Criminal Justice Ethics (4) | WRIT 359 ^{LS} | Boot Camp: Creative Writing for Non-Majors (4) |
| LIT 161 | Global Graphic Novel (4) | PHIL 327 ^{9LS} | Ethics in the Information Age (4) | | |
| LIT 300 ^{LS} | Literary Analysis (3) | PHIL 334 ^{LS} | Philosophy for Children (4) | | |
| LIT 301 ^{LS} | The Short Story (4) | PHIL 352 ^{9LS} | Borders, Walls, Us and Them(4) | | |
| LIT 302 ^{LS} | The Novel (4) | PHIL 354 ^{LS} | Economic Justice: Who Gets What and Why? (4) | | |
| LIT 303 ^{LS} | Drama (4) | | | | |

Goal 7: Human Diversity (three or more credits)

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|-------------------------|---|-------------------------|---|-------------------------|--|
| ANTH 309 ^{5LS} | New Neighbors: The U.S. Hmong Community (4) | CJS 360 ^{5LS} | Diversity Issues in Criminal Justice (3) | ETHS 200 ⁶ | Theories of Race, Ethnicity and Culture (4) |
| ANTH 328 ^{5LS} | Anthropology of Immigrants and Refugees (4) | COMM 233 | Introduction to Intercultural Communication (3) | ETHS 232 | American Indians in Minnesota (2) |
| ANTH 329 ^{5LS} | Race and Ethnicity: Sociological and Anthropological Perspectives (4) | COMM 372 ¹ | Health Communication (4) | ETHS 244 | African Americans in Minnesota (2) |
| ANTH 383 ^{5LS} | Careers in Social Issues: Applied and Public Anthropology and Sociology (4) | ECON 315 ^{5LS} | Economics of Diversity (4) | ETHS 250 ⁶ | Social and Cultural Ecologies of Latinas/os in the United States (4) |
| ARTS 402 ^{6LS} | Art in Public Spaces (4) | EDU 203 | Multicultural Education (4) | ETHS 252 | Latina/os in Minnesota (2) |
| | | EDU 451 ^{LS} | Refugees and Immigrants in Urban Schools (3) | ETHS 262 | Asian Americans in Minnesota (2) |
| | | ETHS 100 ⁶ | Introduction to Ethics Studies (4) | ETHS 302 ^{6LS} | Immigrant Communities and the Trajectories of Othering (4) |

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|--------------------------|--|--------------------------|---|--------------------------|---|
| ETHS 303 ^{5,LS} | Politics of Racial Resistance and Protest in the United States (4) | HIST 334 ^{5,LS} | The Great Depression of the 1930s (4) | PSYC 335 ^{5,LS} | Psychology of Women (4) |
| ETHS 305 ^{5,LS} | Major Issues in U.S. Race Relations (4) | HIST 335 ^{5,LS} | A New Birth of Freedom: U.S. Civil War and Reconstruction (4) | PSYC 356 ^{5,LS} | Early Childhood Development within a Social/Cultural and Historical Context (3) |
| ETHS 306 ^{5,LS} | Politics of Mixed Racial Identity (4) | HIST 336 ^{5,LS} | From Roosevelt to Reagan: American History, 1932–1980 (4) | PSYC 368 ^{5,LS} | Psychology of the LGBT Community (4) |
| ETHS 311 ^{6,LS} | Understanding Racial and Ethnic Groups in the United States (4) | HIST 342 ^{5,LS} | The Sixties Experience (4) | RELS 306 ^{6,LS} | The Spiritual Journey (4) |
| ETHS 315 ^{LS} | Color of Incarceration (4) | HIST 364 ^{5,LS} | Black Slavery and Resistance in North America(4) | RELS 322 ^{6,LS} | American Indian Spirituality (4) |
| ETHS 316 ^{LS} | Race and Religion (4) | HSDS 307 ^{5,LS} | Blind, Deaf Blind and Deaf Culture, History and Resources (4) | RELS 333 ^{6,LS} | Race and Religion (4) |
| ETHS 318 ^{5,LS} | Trauma and Traumascape (4) | HRM 335 ^{LS} | Understanding and Addressing Race in the Workplace (4) | RELS 377 ^{6,LS} | Women and Religion (4) |
| ETHS 332 ^{5,LS} | Topics in Contemporary Native North America (4) | HSCI 358 ^{LS} | Racism and Health (4) | RELS 390 ^{6,LS} | Zen Buddhism in American Culture (4) |
| ETHS 334 ^{LS} | American Indian Spirituality (4) | HSDS 399 ^{5,LS} | The Disability Experience in Television and Film (4) | SOC 101 ⁵ | Introduction to Sociology (4) |
| ETHS 342 ^{5,LS} | Contemporary Issues in Black America (4) | HSER 303 ^{LS} | Disability Awareness (4) | SOC 301 ^{5,LS} | Contemporary Sociology (4) |
| ETHS 352 ^{5,LS} | Latina/o Cultural Politics (4) | HSER 307 ^{LS} | Gender Violence in Global Perspective (4) | SOC 306 ^{5,LS} | Deviance and Social Control (4) |
| ETHS 354 ^{LS} | Comparative Latinx and Latin American Gender and Sexuality (4) | HSER 309 ^{LS} | Violence and Disability (4) | SOC 317 ^{5,LS} | Women in Minnesota Life: Education, Politics and Social Change (4) |
| ETHS 361 ^{6,LS} | History of Asian Americans (4) | HSER 415 ^{5,LS} | Spirituality and Helping (4) | SOC 321 ^{5,LS} | Food, Culture, and Society (4) |
| ETHS 363 ^{5,LS} | Asian American Women: Myths and Realities (4) | HSFS 341 ^{5,LS} | Work and Family (4) | SOC 325 ^{5,LS} | The Body in Society (4) |
| ETHS 370 ^{LS} | Black Thought (4) | HSFS 342 ^{5,LS} | Children in U.S. Society (4) | SOC 329 ^{5,LS} | Race and Ethnicity: Sociological and Anthropological Perspectives (4) |
| ETHS 375 ^{5,LS} | Black Life in Wealth and Poverty (4) | HUM 333 ^{6,LS} | The Photo and the Other (4) | SOC 343 ^{LS} | Perspectives in Community Development (4) |
| ETHS 380 ^{5,LS} | Special Topics in Ethnic Studies (2–4) | HUM 364 ^{6,LS} | The Harlem Renaissance (4) | SOC 383 ^{5,LS} | Careers in Social Issues: Applied and Public Anthropology and Sociology (4) |
| ETHS 381 ^{6,LS} | Race and Racism: Philosophical Problems (4) | IDST 330 ^{5,LS} | Women in Math, Science and Technology (4) | SSCI 100 ⁵ | Introduction to Social Science (4) |
| ETHS 499 ^{LS} | Ethnic Studies Capstone (4) | IDST 370 ^{6,LS} | Cinema, Self and Other (4) | TCID 381 ^{LS} | Video Game Culture (4) |
| ETHS 499T ^{LS} | Ethnic Studies Capstone Theory Seminar (4) | IDST 380 ^{5,LS} | Adult Learning and Social Change (4) | TCID 391 ^{LS} | Race and Identity in Video Games (4) |
| GNDR 201 ⁵ | Introduction to Gender and Women's Studies (4) | IDST 425 | Community, Diversity and Utopia (4) | WRIT 300 ^{6,LS} | Creative Writers, Identity and Race in the Twin Cities (4) |
| GNDR 220 | Introductory Topics in Gender Studies (2–4) | LING 327 ^{5,LS} | Language and Society (4) | | |
| GNDR 270 ⁶ | Gender, Race and Popular Culture (3) | LING 346 ^{5,LS} | Language and Gender (4) | | |
| GNDR 300 ^{LS} | Topics in Gender Studies (2–4) | LIT 312 ^{6,LS} | Women Writers (4) | | |
| GNDR 365 ^{6,LS} | The Cultural Politics of GLBT Sexuality (4) | LIT 342 ^{6,LS} | American Literature: 1870–Present (4) | | |
| GNDR 367 ^{5,LS} | Transgender Identities (4) | LIT 361 ^{6,LS} | African-American Literature (4) | | |
| GNDR 369 ^{6,LS} | GLBT Issues in Literature and Film (4) | LIT 362 ^{6,LS} | Black Women Writers (4) | | |
| GNDR 375 ^{5,LS} | Intersectionality (4) | LIT 363 ^{6,LS} | Native American Oral and Written Narratives (4) | | |
| GNDR 380 ^{5,LS} | Fandoms, Stanning, Gender and Sexualities in Popular Culture (4) | LIT 383 ^{6,LS} | Latinx Literature of the U.S. (4) | | |
| HIST 304 ^{5,LS} | U.S. Economic Life: Working People (4) | MDST 375 ^{6,LS} | Women in Film (4) | | |
| HIST 310 ^{5,LS} | American Indian History (4) | MGMT 360 ^{LS} | Managing a Diverse Workforce (4) | | |
| HIST 311 ^{5,LS} | African American History (4) | PHIL 306 ^{6,LS} | Philosophy and Sexuality (4) | | |
| HIST 312 ^{5,LS} | Beginnings of American Society: Colonial and Revolutionary History (4) | PHIL 362 ^{6,LS} | Philosophy and Blackness (4) | | |
| HIST 315 ^{5,LS} | Civil Rights Movement in the 1960s (4) | PHIL 365 ^{6,LS} | The Cultural Politics of GLBT Sexuality (4) | | |
| HIST 320 ^{5,LS} | History of Asian Americans (4) | PHIL 366 ^{6,LS} | Race and Racism: Philosophical Problems (4) | | |
| HIST 328 ^{5,LS} | Women in Modern U.S. History (4) | POL 332 ^{5,LS} | Gender and the Law (4) | | |
| HIST 329 ^{5,LS} | Legacies: A History of Women and the Family (4) | POL 343 ^{LS} | Perspectives in Community Development (4) | | |
| | | PSYC 212 ⁵ | Introduction to Diversity and Ethics in Psychology (3) | | |
| | | PSYC 328 ^{5,LS} | Psychology of African Americans (4) | | |

Goal 8: Global Perspective (three or more credits)

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|--------------------------|--|--------------------------|---|---------------------------|---|
| ANTH 301 ^{5,LS} | Approaches to Cultural Anthropology (4) | HIST 200 ⁵ | Genealogy in Global Context (4) | HIST 389 ^{5,LS} | Monuments, Memory, and History (4) |
| ANTH 302 ^{5,LS} | Gender and Culture (4) | HIST 341 ^{5,LS} | The Vietnam War (4) | HIST 394 ^{5,LS} | Comparative Women's History (4) |
| ANTH 304 ^{4,LS} | Anthropology of Religion (4) | HIST 351 ^{5,LS} | Europe: the Global Power, 1789–Present (4) | HRM 585* | International Human Resource Management (4) |
| ANTH 310 ^{5,LS} | Anthropology of Masculinity (4) | HIST 354 ^{5,LS} | History of the Holocaust (4) | HSCI 309 ^{LS} | Global Health Issues (3) |
| ANTH 320 ^{8,LS} | Globalization and Culture (4) | HIST 361 ^{5,LS} | Africa: From Ancient Times to 1800 (4) | HUM 316 ^{6,LS} | Romanticism (4) |
| ANTH 321 ^{5,LS} | Cultural Anthropology: Focus on Mexico and Central America (4) | HIST 362 ^{5,LS} | Africa: From Colonialism to Independence (4) | HUM 317 ^{6,LS} | Modernism (4) |
| CJS 340 ^{5,LS} | Comparative Criminal Justice (3) | HIST 366 ^{5,LS} | Palestine/Israel since 1880: Histories of a Conflict (4) | HUM 370 ^{6,LS} | African Film (4) |
| CJS 340A ^{5,LS} | Comparative Criminal Justice (3) | HIST 370 ^{5,LS} | Behind the Great Wall: The Real China (4) | IBUS 311* | International Business Environment and Operations (4) |
| COMM 333 ^{LS} | Intermediate Intercultural Communication (4) | HIST 371 ^{5,LS} | Understanding Modern Japan (4) | IDST 327 ^{5,LS} | Mapping Judaism, Christianity, and Islam (4) |
| COMM 333A ^{LS} | Intermediate Intercultural Communication (4) | HIST 372 ^{5,LS} | History of Japanese Popular Culture (4) | IDST 396T ^{5,LS} | Travel and Culture Theory Seminar (4) |
| ECON 314 ^{4,LS} | International and Comparative Economics (4) | HIST 373 ^{5,LS} | U.S.-Japanese Relations from a Racial Perspective (4) | LING 316 ^{5,LS} | The Nature of Language (4) |
| ETHS 231 ⁶ | Global Native and Indigenous Studies (4) | HIST 382 ^{5,LS} | Colonies, Challenge, and Change: Latin American History to 1910 (4) | LING 326 ^{5,LS} | Language and Culture (4) |
| ETHS 270 ⁵ | Global Blackness (4) | | | LIT 326 ^{6,LS} | Love and Sex in Pre-Modern World Literature (4) |
| GNDR 345 ^{5,LS} | Global Perspectives on Gender (4) | | | LIT 364 ^{6,LS} | Literature by Immigrants of Color (4) |
| | | | | LIT 365 ^{6,LS} | Asian Women Writers (4) |

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| LIT 368 ^{6,LS} | Asian and Asian Diasporic Literatures (4) | POL 304 ^{5,LS} | Social Movements in Global Perspective (4) | RELS 314 ^{6,LS} | Hmong Spirituality (4) |
| LIT 369 ^{6,LS} | African and African Diasporic Literatures (4) | POL 321 ^{5,LS} | Approaches to World Politics (4) | RELS 380 ^{5,LS} | Muslim Identities in the United States (4) |
| LIT 372 ^{6,LS} | English Literature: 1800–Present (4) | POL 323 ^{5,LS} | The Middle East: Conflict and Change (4) | SOC 303 ^{5,LS} | Ethnic Conflict in Global Perspective (4) |
| LIT 401 ^{6,LS} | Literature of the Global South (4) | POL 325 ^{5,LS} | African Politics (4) | SOC 304 ^{5,LS} | Social Movements in Global Perspective (4) |
| MDST 378 ^{LS} | World Cinema (4) | RELS 304 ^{6,LS} | Introduction to World Religions (4) | SPAN 101 | Beginning Spanish I (4) |
| MKTG 480* | International Marketing (4) | RELS 305 ^{6,LS} | Jewish-Christian Encounter (4) | SPAN 102 | Beginning Spanish II (4) |
| OJIB 100 | Ojibwe Culture and Language (4) | RELS 308 ^{6,LS} | World of Islam (4) | SPAN 201 | Intermediate Spanish I (4) |
| OJIB 101 | Beginning Ojibwe I (4) | RELS 309 ^{5,LS} | Justice and Peace in Judaism, Christianity and Islam (4) | SPAN 202 | Intermediate Spanish II (4) |
| POL 303 ^{5,LS} | Ethnic Conflict in Global Perspective (4) | RELS 312 ^{6,LS} | Religious Traditions of China (4) | | |

Goal 9: Ethical and Civic Responsibility (three or more credits)

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|--------------------------|---|--------------------------|--|--------------------------|---|
| ARTS 200 ⁶ | Creating Change Through Communication, Writing and the Arts (4) | MDST 310 ^{LS} | Visual Communication (4) | POL 342 ^{5,LS} | Lobbying: A Citizen's Guide to the Legislative Process (4) |
| CJS 375 ^{6,LS} | Criminal Justice Ethics (3) | PHIL 102 ⁶ | Philosophy, Film and the Meaning of Life (4) | POL 381T ^{5,LS} | Community Leadership: Principles and Approaches(4) |
| COMM 200 ⁶ | Creating Change Through Communication, Writing and the Arts (4) | PHIL 107 ⁶ | We Make the Road by Walking: An Introduction to Practical Philosophy (4) | PSYC 334 ^{5,LS} | Peace Studies and the Psychology of Peace (4) |
| COMM 320 ^{1,LS} | Individual Rights and Discourse (4) | PHIL 301 ^{6,LS} | Ethical Inquiry (4) | PSYC 370 ^{5,LS} | Political Psychology (4) |
| ETHS 309 ^{5,LS} | Race and Public Policy (4) | PHIL 302 ^{6,LS} | Philosophy Now(4) | RELS 307 ^{LS} | Civil Religion: Theory, Practice and Analysis (4) |
| ETHS 326 ^{LS} | Race and Work in American Life (2-4) | PHIL 320 ^{6,LS} | Business Ethics (4) | SOC 309 ^{5,LS} | Homelessness: Critical Issues for Policy and Practice (4) |
| ETHS 335 ^{5,LS} | American Indian Nations: Law, Power and Persistence (4) | PHIL 321 ^{6,LS} | Medical Ethics (4) | SOC 310 ^{5,LS} | City Life: Space, Places and Community Life (4) |
| HIST 309 ^{5,LS} | Women and Public Activism (4) | PHIL 325 ^{6,LS} | Criminal Justice Ethics (4) | SOC 311 ^{5,LS} | Community Organizing and Social Action (4) |
| HIST 331 ^{5,LS} | Religion and Politics in America (4) | PHIL 327 ^{6,LS} | Ethics in the Information Age (4) | SOC 319 ^{5,LS} | Capitalism, Democracy, and Inequality (4) |
| HIST 348 ^{5,LS} | U.S. Legal History: A Survey (4) | PHIL 352 ^{6,LS} | Borders, Walls, Us and Them (4) | SOC 331 ⁵ | Animals and Society (4) |
| IDST 310 ^{LS} | Principles of Civic Engagement (4) | POL 101 ⁵ | Introduction to American Government and Politics (4) | SOC 381 ^{5,LS} | Community Leadership Principles and Approaches (4) |
| IDST 321 ^{LS} | Human Rights and the Educated Citizen (4) | POL 301 ^{5,LS} | Citizenship in a Global Context (4) | TCID 345 ^{LS} | Rhetorics of Health, Medicine, and Social Justice (4) |
| IDST 325 | Perspectives on Peace (4) | POL 302 ^{5,LS} | Political Ideas (4) | THEA 333 ^{9,LS} | Staging Dissent: Performing Activism and Civic Engagement (4) |
| | | POL 305 ^{5,LS} | Elections and Political Parties (4) | | |
| | | POL 311 ^{5,LS} | Community Organizing and Social Action (4) | | |
| | | POL 312 ^{5,LS} | Advocacy for Policy Change (4) | | |
| | | POL 319 ^{5,LS} | Capitalism, Democracy, and Inequality (4) | | |
| | | POL 333 ^{5,LS} | Constitutional Law: Civil Rights and Civil Liberties (4) | | |

Goal 10: People and the Environment (three or more credits)

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|--------------------------|---|--------------------------|---|--------------------------|---------------------------------|
| ANTH 101 ⁵ | Human Origins (3) | GEOL 118 ³ | Environmental Geology (4) | NSCI 204 ³ | Environmental Science (4) |
| BIOL 315 ^{LS} | Limnology (5) | GEOL 314 ^{LS} | Earth Surface Environments (5) | NCSI 206 ³ | Garden Science (4) |
| BIOL 320 ^{LS} | Ecosystem and Global Ecology (5) | HIST 333 ^{5,LS} | The Greening of America: Environmental History since 1900 (4) | PHIL 310 ^{6,LS} | Environmental Philosophy (4) |
| BIOL 415 ^{LS} | Pollution Ecology (3) | HIST 363 ^{5,LS} | World Environmental History (4) | PHYS 105 ³ | Air, Weather and Climate (4) |
| CHEM 107 ³ | Chemistry, Society and the Environment (4) | HUM 335 ^{LS} | Land, Knowledge, and Identity through Indigenous Languages(4) | PSYC 387 ^{5,LS} | Environmental Psychology (4) |
| CHEM 311 ^{3,LS} | Environmental Chemistry (5) | HUM 380 ^{6,LS} | Environmental Humanities (4) | STAT 353 ^{LS} | Environmental Statistics (4) |
| +CHEM 311L | Environmental Chemistry Laboratory (0) | IDST 323 ^{5,LS} | Reimagining and Sustaining Sense of Place (4) | TCID 375 ^{LS} | Environmental Communication (4) |
| ECON 311 ^{5,LS} | Economics of the Environment (4) | LIT 349 ^{6,LS} | American Nature Writers (4) | | |
| ETHS 304 ^{5,LS} | Environmental Justice and Public Policy (4) | MATH 102 | Mathematics of Sustainability (4) | | |
| GEOG 201 ⁵ | Introduction to Geography (3) | NSCI 201 ³ | Minnesota Ecology and Conservation Biology (4) | | |

General Education and Liberal Studies (GELS) Electives

The following courses will not meet goal area requirements, but can be used as General Education Electives to meet the 48-credit requirement. Any course numbered 300 or higher may be used to meet the Liberal Studies requirement. Courses listed for goals 1–10 (except for courses marked with an asterisk [*]) may also be used as electives.

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| BIOL 310 ^{LS} | Ecology (5) | PRSP 301 ^{LS} | Perspectives: Educational Philosophy and Planning (4) | WRIT 101 | Introduction to College Writing (3) |
| BIOL 311 ^{LS} | Plant Physiology (5) | SCRW 314 ^{LS} | New Screenplay Forms (4) | WRIT 324 ^{LS} | Topics in Writing (4) |
| BIOL 312 ^{LS} | Evolution (5) | SCRW 315 ^{LS} | Film Production and Editing I (4) | WRIT 331 ^{LS} | Writing in Your Major (4) |
| BIOL 316 ^{LS} | Behavioral Ecology (5) | SCRW 410 ^{LS} | Film Production and Editing II (4) | WRIT 341 ^{LS} | Writing the News in a Digital World (4) |
| ECON 420 ^{LS} | Money, Banking and Financial Institutions (4) | SCRW 415 ^{LS} | Advanced Screenwriting (4) | WRIT 342 ^{LS} | Writing for Online and Print Magazines (4) |
| HSG 384 ^{LS} | Civic Engagement: Focus in Later Life (4) | SCRW 416 ^{LS} | Projects in Screenwriting (4) | WRIT 343 ^{LS} | Writing Social Commentary (4) |
| ICS 100 | Introduction to Computer Technology Concepts (2) | TCID 301 ^{LS} | Professional and Technical Writing Careers (2) | WRIT 352 ^{LS} | Writing Memoir and Creative Nonfiction (4) |
| ICS 120 | Microcomputer Applications (2) | TCID 302 | Content Strategy (2) | WRIT 353 ^{LS} | Writing Short Fiction (4) |
| ICS 125 | Understanding and Using the Internet (2) | TCID 344 ^{LS} | Writing for Publication and Profit (4) | WRIT 354 ^{LS} | Writing Poetry (4) |
| ICS 377 ^{LS} | Interaction Design for User Experience (4) | TCID 371 ^{LS} | Editing (4) | WRIT 355 ^{LS} | Writing Children's Literature (4) |
| INFS 115 | Information Access (2) | TCID 372 ^{LS} | Document and Information Design I (4) | WRIT 356 ^{LS} | Writing Humor (4) |
| INFS 315 ^{LS} | Searching for Information (4) | TCID 373 ^{LS} | Writing and Designing for the Web I (4) | WRIT 357 ^{LS} | Writers as Readers (4) |
| INFS 335 ^{LS} | Youth Participation and Teen Literature (3) | TCID 374 ^{LS} | Creating Intelligent Content (4) | WRIT 358 ^{LS} | 1000 Words or Less (4) |
| INFS 338 ^{LS} | The Craft and Commerce of Book Publishing (4) | TCID 461 ^{LS} | Writing and Technical Communication Capstone (4) | WRIT 371 ^{LS} | Editing (4) |
| INFS 340 ^{LS} | Research in Special Collections and Archives (4) | TCID 531 ^{LS} | Advanced Writing (4) | WRIT 392 ^{LS} | Literacy Corps Group Internship: Literacy Tutors (3-4) |
| LING 547 ^{LS} | History of the English Language (4) | TCID 532 ^{LS} | Writing about Place (4) | WRIT 393 ^{LS} | Literacy Corps Group Internship: Family Literacy (3-4) |
| MATH 471 ^{LS} | Abstract Algebra (4) | TCID 571 ^{LS} | Advanced Editing (4) | WRIT 481 ^{LS} | Advanced Creative Writing (4) |
| MDST 560 ^{LS} | Writing for Television (4) | TCID 572 ^{LS} | Document and Information Design II (4) | WRIT 531 ^{LS} | Advanced Writing (4) |
| MDST 561 ^{LS} | Advanced Television Writing (4) | TCID 573 ^{LS} | Writing and Designing for the Web II (4) | WRIT 532 ^{LS} | Writing about Place (4) |
| MDST 580 ^{LS} | Impacts of Mediated Communication (4) | TCID 574 ^{LS} | Usability for Technical Communication (4) | WRIT 571 ^{LS} | Advanced Edit |
| METR 101 | Your Academic Journey (3) | TCID 577 ^{LS} | Design of User Experience (4) | | |
| MIS 100 | Fundamentals of Information Technology in Organizations (4) | TCID 583 ^{LS} | Writing Major Projects (4) | | |
| | | TCID 599 ^{LS} | Advanced Topics (4) | | |
| | | TCID 599A ^{LS} | Special Topics in International Study (4) | | |